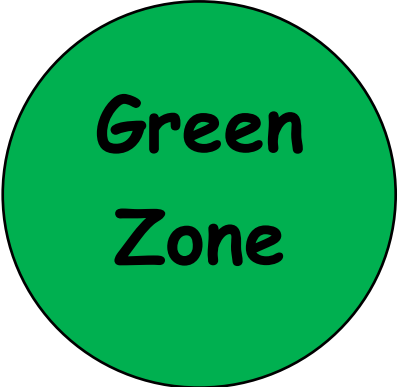

 <p>Blue Zone</p>	 <p>Green Zone</p>	 <p>Yellow Zone</p>	 <p>Red Zone</p>
<p>I feel <b>sad</b>  I feel <b>sick</b>  I feel <b>tired</b>  I am <b>moving slowly</b></p>	<p>I feel <b>happy</b>  I feel <b>calm</b>  I am <b>feeling okay</b>  I am <b>focussed</b>  I am <b>ready to learn</b></p>	<p>I feel <b>annoyed</b>  I feel <b>worried</b>  I feel <b>wiggly</b>  I feel <b>excited</b>  I feel <b>upset</b></p>	<p>I feel <b>mad</b>  I feel <b>angry</b>  I feel <b>like yelling</b>  I feel <b>terrified</b></p>