



RE Newsletter for Parents

Written by the St Alban's RE Council

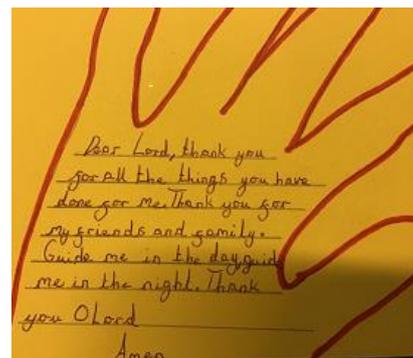


The RE Council is made up of pupils from Y3-6 who meet regularly with Mr Brannigan or Mrs Bishop to think about Prayer, Collective Worship, RE and the Catholic Life of the school.

Prayer is very important at St Alban's. We pray together either in class or as a whole school at different times through the day: mornings in class prayers or in assembly, before lunch, at the end of the day, during RE lessons, during special class liturgies and masses.

Prayer Club

In Prayer Club we learnt that praying is not just standing with your hands together, you can pray anywhere you want. We are making a prayer wreath because it is coming up to Christmas. We drew round our hands and cut them out. We are going to write a prayer on it and make a wreath. We really enjoy prayer club, it is lots of fun!



Prayer Garden

We are having a new prayer garden made. It has been re-designed so that it is easier for us to look after and to use for prayer. The workmen are working on it now and it should be ready before the end of term.



Our Prayer Room

We use the Prayer Room for Prayer Club each week and for class liturgies that happen at the end of each RE topic. There is a large collection of resources that we can use to make our prayer focus and a CD player that is used for playing relaxing music to get ready and in the mood for prayer.



Stillness

Before we pray we always take a moment to be still so that we are ready to pray. Sometimes the teacher plays quiet music or birdsong and we often light a candle. To help us be still we listen to the sounds outside the room, then inside the room and then listen to our hearts beating inside us, this helps us to be ready to pray.



Prayer Monitors

We take turns to make our prayer tables look lovely and we get our prayer times ready by choosing different things such as the prayer focus, the prayers or the scriptures. Then we lead the prayer.

