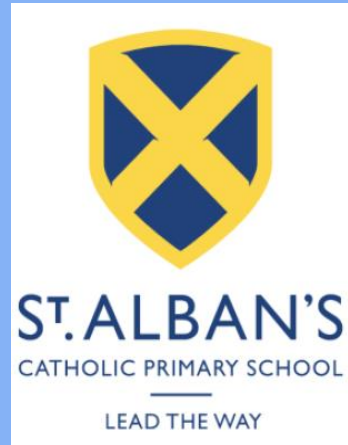


Year one Curriculum Information



St Thomas & St George

Mrs Vasiloudis & Miss De Biasio

September 2020

St. Alban's Catholic Primary School

MISSION STATEMENT

We will **grow** in faith together as a school family

We will **follow** the example of Jesus

We will **work** hard to be the best that we can be

We will **lead the way** for others both near and far



Our Intent



Our curriculum enables all pupils to be curious, enthusiastic and knowledgeable learners for life. It builds resilience, perseverance and independence and encourages children to take risks, solve problems and think for themselves. It helps them to become active and caring members of our school family and wider society.

The themes that underpin our intent

We would love for you to continue to develop the themes which underpin our intent when the children are at home too.

- **Building life skills** – children becoming resilient, independent and resourceful. We aim to build skills that they will need for future employment to lead happy and successful lives.
- **Creating community** – building tolerance and respect for everyone in school and in the wider world.
- **Eco-awareness** – reflecting on our carbon footprint, our recycling, air quality, living on the edge of a big city and the impact this has on us.



ST. ALBAN'S
CATHOLIC PRIMARY SCHOOL

LEAD THE WAY

Year 1 Timetable

Please note, timetable is subject to change.

Children can come into school in PE kit on PE days.

Please ensure that your child has a named water bottle every day.

Monday	Early morning work & registration	Phonics	English	Milk & Snacks	Break	Maths	Lunch	Guided reading	History/ Geography & Science	Story time
Tuesday		Phonics	English			Maths		Guided reading	PE & Art/DT	
Wednesday		Phonics	English			Maths		Guided reading	RE & Computing	
Thursday		Phonics	English			Maths		Music & PE		
Friday	Spelling test	Phonics	English	Maths	Guided reading	RE & PSHE & Golden Time				

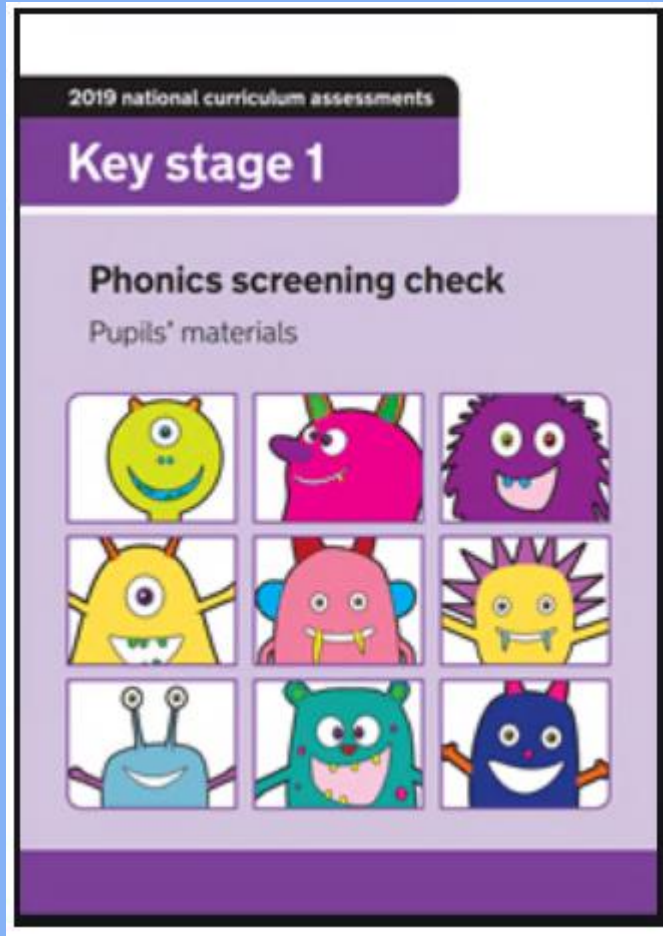
Home learning

Home Learning will be set via Google Classroom. Please check regularly and mark work as complete once done.

Day	Home Learning	Due date	
Monday	Change reading book	Due to change Wednesday	Daily Reading Daily Spelling
Tuesday	English	Due following Monday	
Wednesday	Change reading book	Due to change Friday	
Thursday	Maths	Due following Wednesday	
Friday	Spellings	Due following Friday	
	Change reading book	Due to change Monday	

Please keep your homework book and your yellow reading record book at home until further notice.

Phonics screening check



In year one we carry out a statutory Phonics screening check. The check will consist of real words and nonsense words. This will take place in June 2021 and will be done one on one with the teacher. The children will be well prepared for this in class, however you can support them with their phonics using the read write inc rhymes on the next few slides.

Read Write Inc Phonics

SET 1	
Sound	Rhyme
m	Down Maisie then over the two mountains. Maisie, mountain, mountain.
a	Round the apple, down the leaf.
s	Slide around the snake
d	Round the dinosaur's back, up his neck and down to his feet.
t	Down the tower, across the tower.
i	Down the insects body, dot for the head.
n	Down Nobby and over the net.
p	Down the plait, up and over the pirates face.
g	Round the girls face, down her hair and give her a curl.
o	All around the orange.
c	Curl around the caterpillar.
k	Down the kangaroo's body, tail and leg.
u	Down and under the umbrella, up to the top and down to the puddle.
b	Down the laces, over the toe and touch the heel.
f	Down the stem and draw the leaves.
e	Slice into the egg, go over the top, then under the egg.
l	Down the long leg.
h	Down the horse's head to the hooves and over his back.
sh	Slither down the snake, then down the horse's head to the hooves and over his back.
r	Down the robot's back, then up and curl.
j	Down his body, curl and dot.
v	Down a wing, up a wing.
y	Down a horn, up a horn and under the yak's head.
w	Down, up, down, up the worm.
th	Down the tower, across the tower, then down the horse's head to the hooves and over his back
z	Zig-zag-zig, down the zip.
ch	Curl around the caterpillar, then down the horse's head to the hooves and over his back.
qu	Round the queen's head, up to her crown, down her hair and curl.
x	Cross down the arm and leg and cross the other way.
ng	A thing on a string.
nk	I think I stink.

Read Write Inc Phonics

SET 2		SET 3	
Sound	Rhyme	Sound	Rhyme
ay	May I Play?	ea	Cup of tea
ee	What can you see?	oi	Spoil the boy
igh	Fly high	a-e	Make a cake
ow	Blow the snow	i-e	Nice smile
oo	Poo at the zoo	o-e	Phone home
oo	Look at a book	u-e	Huge brute
ar	Start the car	aw	Yawn at dawn
or	Shut the door	are	Care and share
air	That's not fair	ur	Nurse with a purse
ir	Whirl and twirl	er	A better letter
ou	Shout it out	ow	Brown cow
oy	Toy for a boy	ai	Snail in the rain
		oa	Goat in a boat
		ew	Chew and stew
		ire	Fire fire
		ear	Hear with your ear
		ure	Sure it's pure

Phonics terminology

Single sound - 1 letter making 1 sound.

Digraph - 2 letters that make 1 sound.

Trigraph - 3 letters that make 1 sound.

Split digraph - long vowels that split around another sound. E.g. a_e, i_e, o_e, u_e.

Grapheme - the written sound.

Phoneme - the spoken sound.

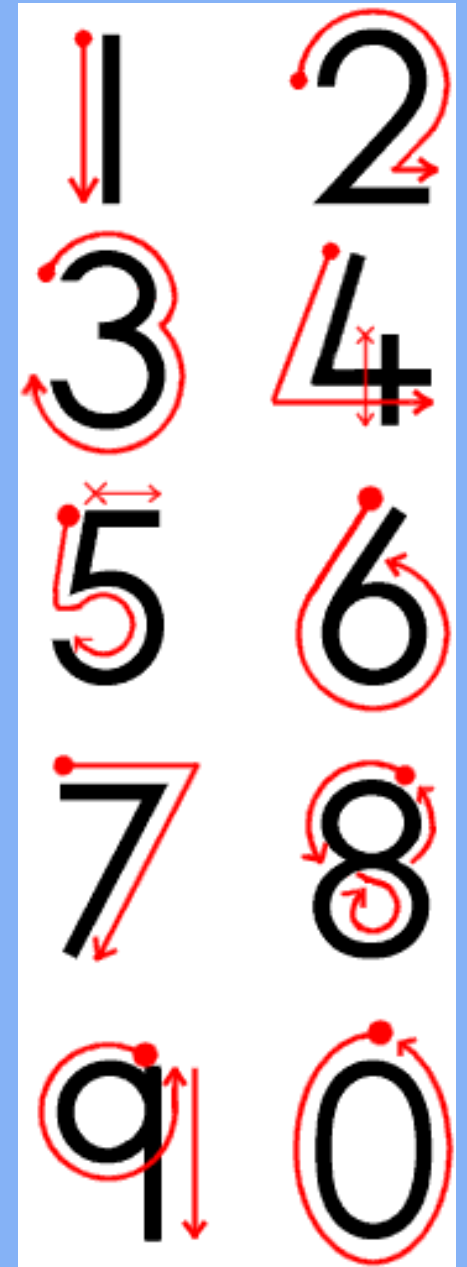
Sound buttons - sound buttons can help your child identify the sounds in a word. Single sounds get a dot. Digraphs and trigraphs get a line. Split digraphs get a smile connecting them.

Number Formation Guide

Encourage your child to form numbers in the standard way. Bad habits are difficult to break, so following our simple guide can help to prevent problems at a later stage

Spots indicate the starting position of the pencil. The pencil should remain on the paper, following the arrows. For the numbers four and five, the pencil must be raised before completing the second part of each number.

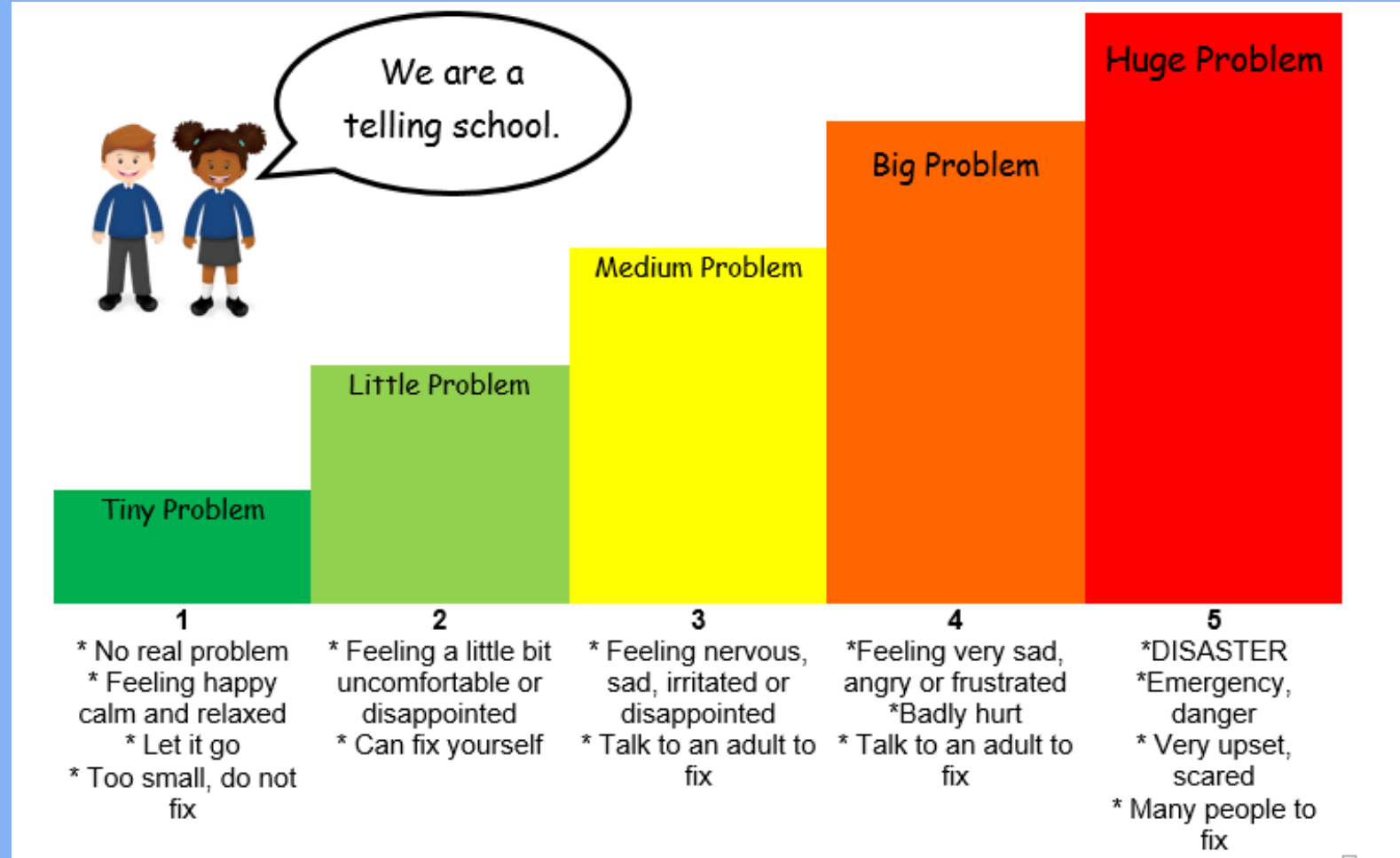
Crosses indicate the second starting positions.






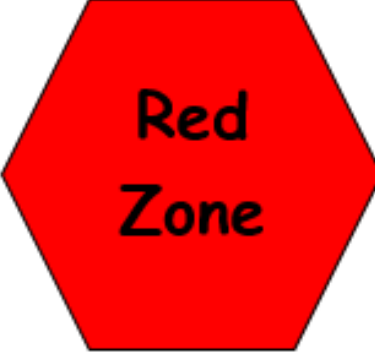
Mental Wellbeing

We encourage the children to think about their mental wellbeing and try to give them strategies to identify the size of a problem and to see whether they can solve it independently.

Please also help us to remind the children that we are a telling school so they should let us know about any bigger worries.



Zones of Regulation

 <p>Blue Zone</p>	 <p>Green Zone</p>	 <p>Yellow Zone</p>	 <p>Red Zone</p>
<p>I feel sad I feel sick I feel tired I am moving slowly</p>	<p>I feel happy I feel calm I am feeling okay I am focussed I am ready to learn</p>	<p>I feel annoyed I feel worried I feel wiggly I feel excited I feel upset</p>	<p>I feel mad I feel angry I feel like yelling I feel terrified</p>

As another tool to help children think about their mental wellbeing, we have learnt about different emotions they may feel when they are in each 'zone'.

We have also discussed coping strategies and will revisit these throughout the year.

Communication with the Year one team

- Via your child
- Via Google Classroom- please leave comments on the most current assignment.
- Parents' consultation evening

Thank you for your continued support - we think this will be a fantastic year to be in Year one!



Mrs Vasiloudis and Miss De Biasio