













Jesus,
I am listening to you.
Help me treat others
as I would like to be treated.

















Jesus,
I am listening to you.
Help me give my time,
Skills and energy to others
when I am asked –
even when it's difficult.











"... Love your enemies" Luke 6:27 11// Jesus, help me to listen to you today.





Jesus,
I am listening to you.
Help me to love my enemies and be good to them.

















Jesus,
I am listening to you.
Help me to pray for those who aren't kind to me.















