

Moments of Joy

Monday

Tuesday

Wednesday

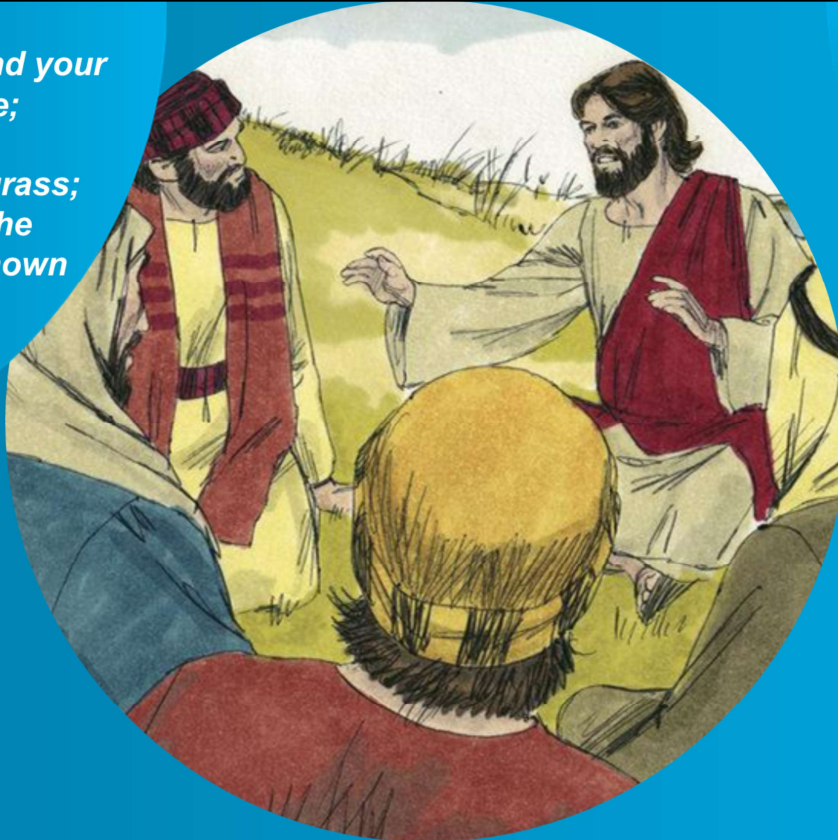
Thursday

Friday

Image by Freepik https://www.freepik.com/free-ai-image/adorable-kid-lifestyle_320265697.htm

'You shall see, and your heart shall rejoice; your bones shall flourish like the grass; and the hand of the LORD shall be known to His servants.'
Isaiah 66:14

Monday



Prayer Leader:

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

In the Gospel this week, Jesus sent His disciples out to spread the Good News, knowing that they would not be welcome everywhere they went. But even when they were not welcome, Jesus taught them to respond with love and joy!

Our prayers this week will help us to be joyful and keep praising God, no matter what.

Each day this week we are invited to respond with joy and praise to God, just as Jesus taught His disciples, by singing a song called 'Give Me Joy in my Heart'.

Today we'll reflect on **being caring - even when others are not caring.**

Take a moment now to think of and thank God for any moments of joy you have experienced over the last few days.

(Pause)

Moments of joy are a good opportunity to praise and thank God and today's Scripture from the prophet Isaiah reminds us to rejoice.

(Invite the Reader to read the Scripture.)

Reader:

***'You shall see, and your heart shall rejoice;
your bones shall flourish like the grass;
and the hand of the LORD shall be known to His servants.'***
(Isaiah 66:14)

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Jesus,
You are calling me
to be loving.
And I know that
whatever love I give to others,
I will receive ten times
over from you.
Amen



Prayer Leader:

Jesus taught His disciples to be welcoming and to treat everyone with the same kindness and care.

It's easier to be kind and caring to our family and friends but God's way is to be kind to everyone - even people we find hard to get along with.

Perhaps you have received care from someone you don't know very well. Or maybe you've been surprised when a classmate you struggle to get on with, says or does something kind.

Each time that happens, it inspires us to do the same!

Talk to God in your heart now about a time someone showed you care.

Now, let's pray together:

All:

Jesus,

You are calling me to be loving.

**And I know that whatever love I give to others,
I will receive ten times over from you.**

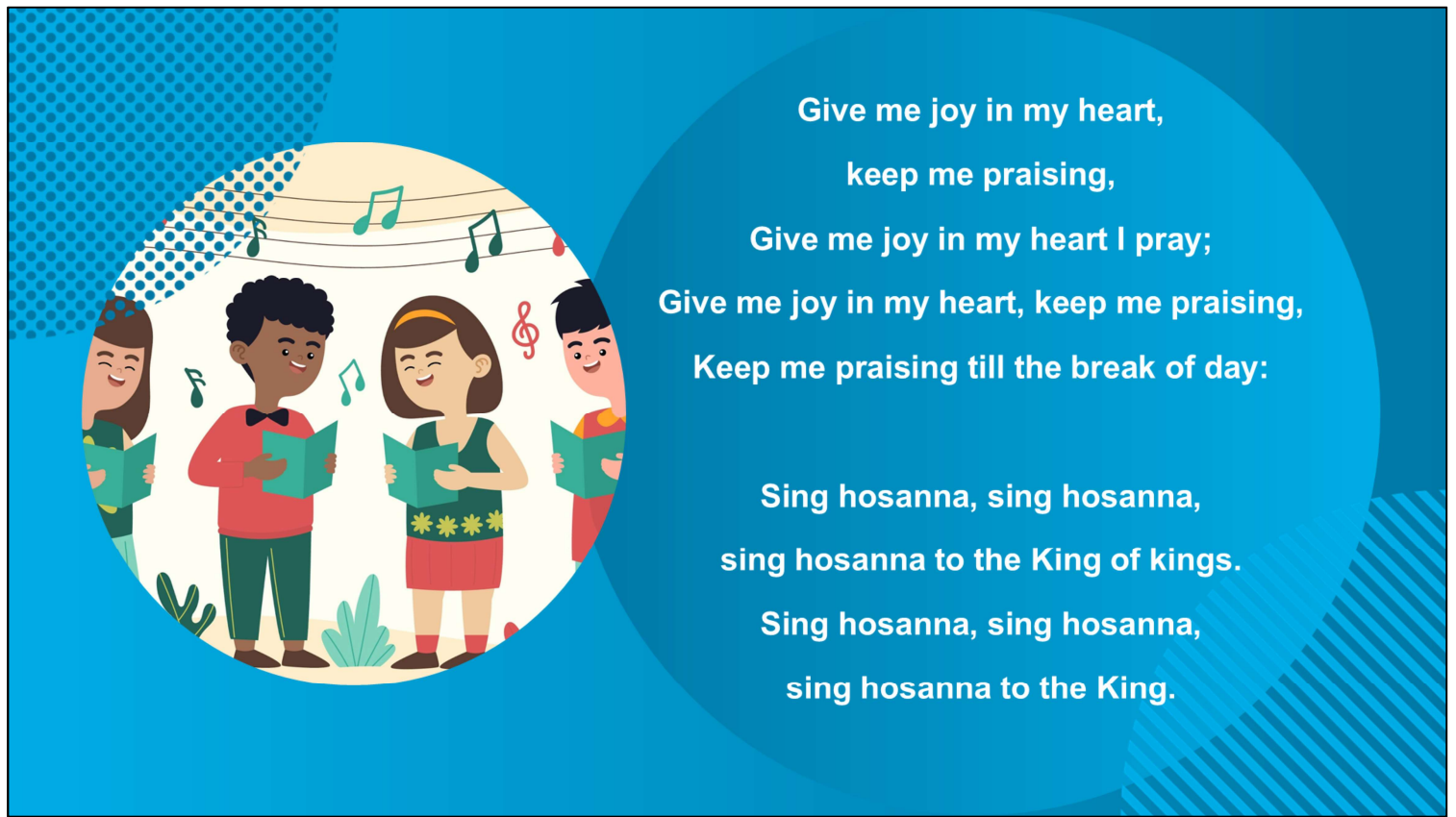
Amen

Prayer Leader:

Now let's rejoice in all those loving moments as we sing!

(Click to reveal 'Give me Joy in My Heart')

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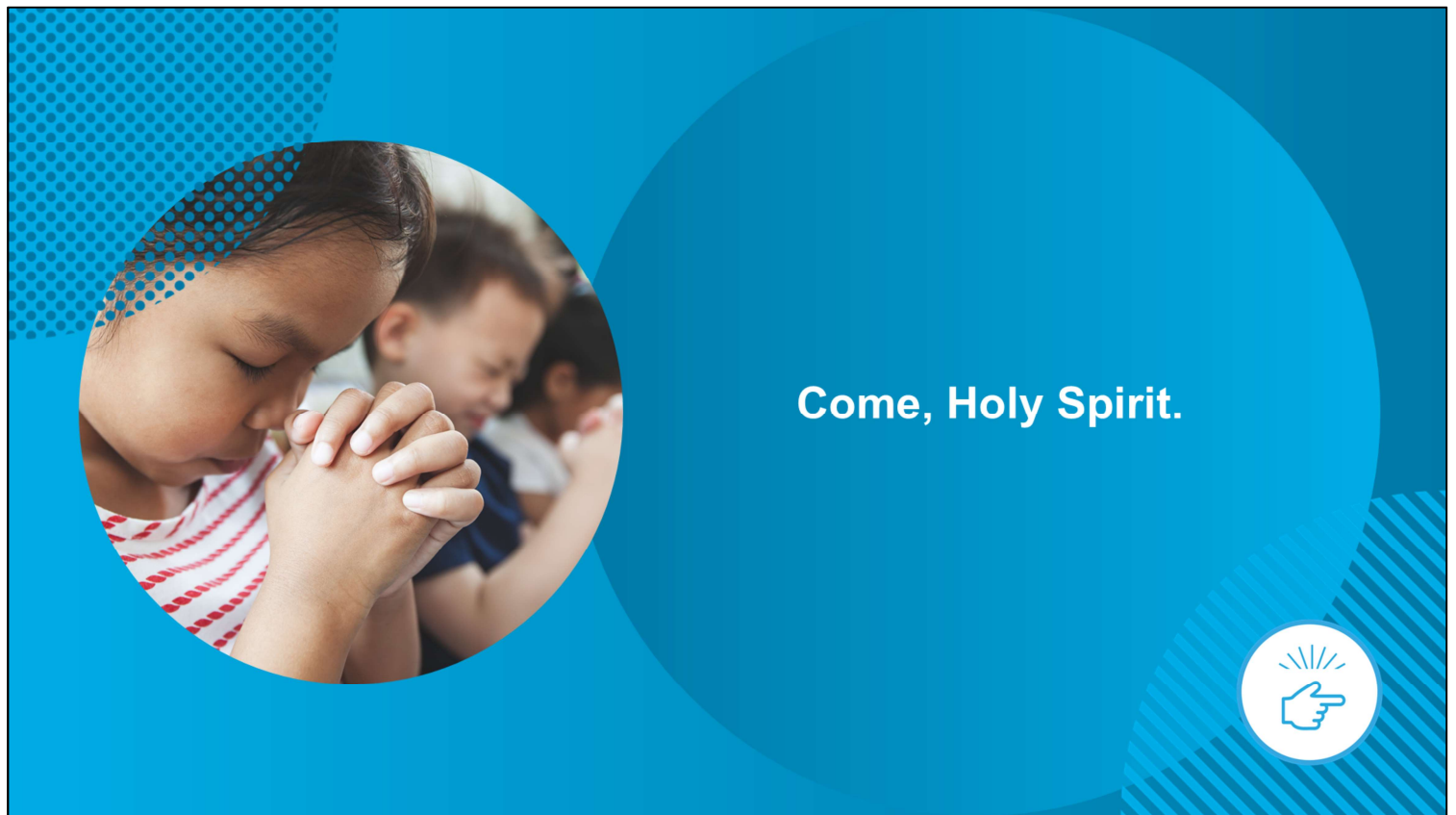


Give me joy in my heart,
keep me praising,
Give me joy in my heart I pray;
Give me joy in my heart, keep me praising,
Keep me praising till the break of day:

Sing hosanna, sing hosanna,
sing hosanna to the King of kings.
Sing hosanna, sing hosanna,
sing hosanna to the King.

(Invite everyone to stand and sing along to the song.)

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Prayer Leader:

Let's think for a moment...

How can you reach out and show care to others - even those who aren't caring to you?

An easy way might be to smile at everyone you meet today. If they don't smile back, don't worry or get upset, they might just be having a difficult time.

Whether they smile back or not, say a prayer for them in your heart.

Let's finish our prayers by asking the Holy Spirit to help us today.

All:

Come, Holy Spirit.

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

Moments of Joy

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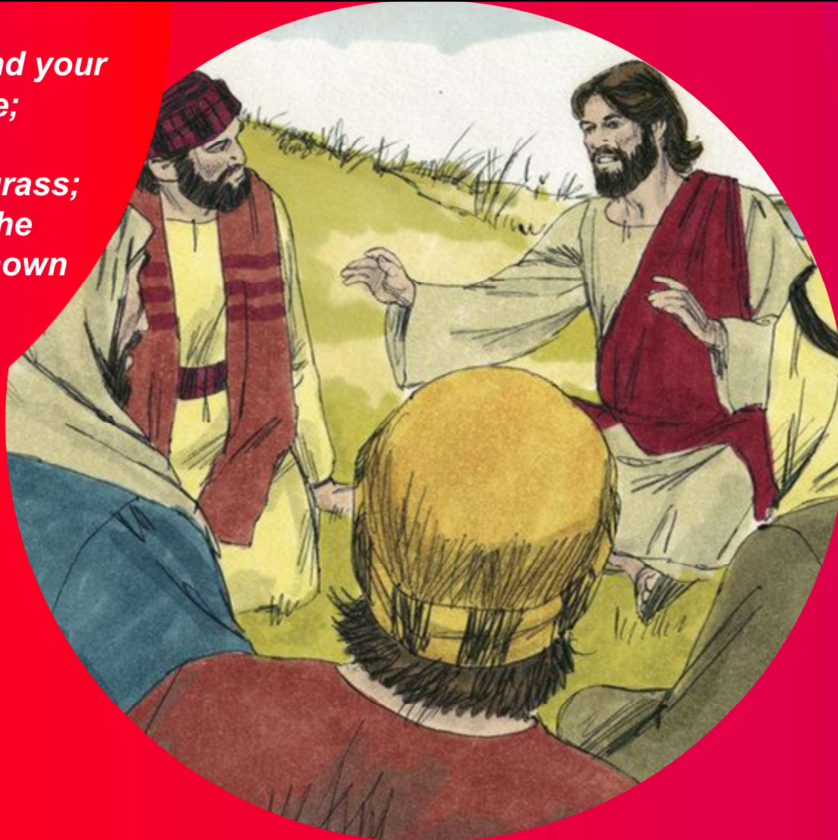
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'You shall see, and your heart shall rejoice; your bones shall flourish like the grass; and the hand of the LORD shall be known to His servants.'
Isaiah 66:14

Tuesday



Prayer Leader:

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

Jesus taught His disciples to respond to everyone and everything they experience with love and joy!

Our prayers this week are helping us to be joyful and keep praising God, no matter what.
Each day, we are invited to respond with joy and praise to God, by singing.

Yesterday we thought about being caring - even when others are not caring.
Today we'll reflect on **gratefully accepting all good things that come to us.**

First, take a moment to think of and thank God for any moments of joy you have experienced over the last few days.

(Pause)

Now let's listen again to the Scriptures as the prophet Isaiah reminds us to rejoice.

(Invite the Reader to read the Scripture.)

Reader:

***'You shall see, and your heart shall rejoice;
your bones shall flourish like the grass;
and the hand of the LORD shall be known to His servants.'***

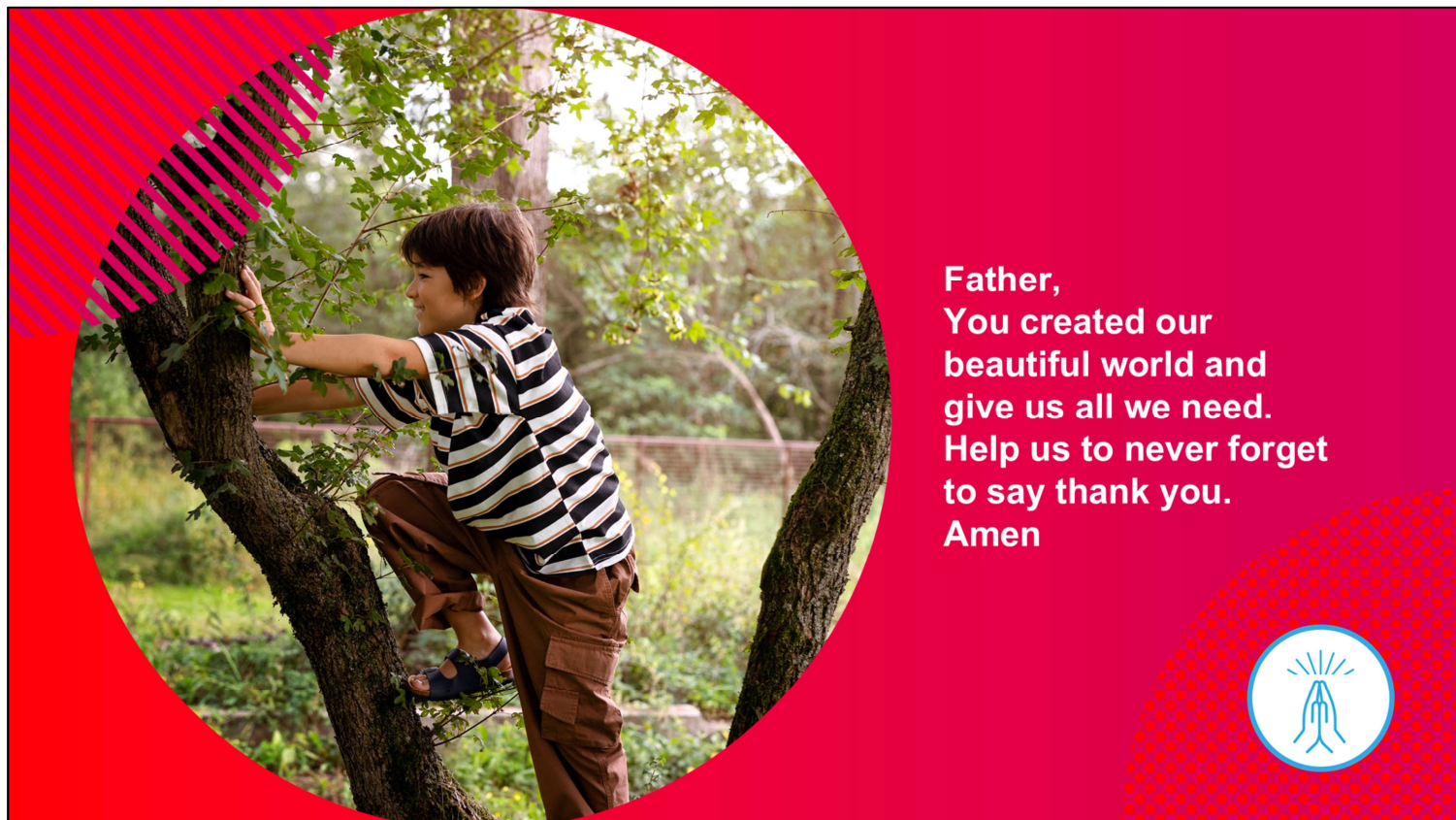
(Isaiah 66:14)

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**Father,
You created our
beautiful world and
give us all we need.
Help us to never forget
to say thank you.
Amen**

Prayer Leader:

Jesus taught His disciples to accept all the good things that come our way. That means being thankful for the kindness we receive from others and gifts from God.

God gives us all that we need and sometimes His gifts are given through other people.
It's a reason to rejoice and be thankful!

Talk to God in your heart now about one gift He has given you through another person.

Now, let's pray together:

All:

**Father,
You created our beautiful world and give us all we need.
Help us to never forget to say thank you.
Amen**

Prayer Leader:

Now let's rejoice for all that is given to us as we sing!

(Click to reveal 'Give me Joy in My Heart')

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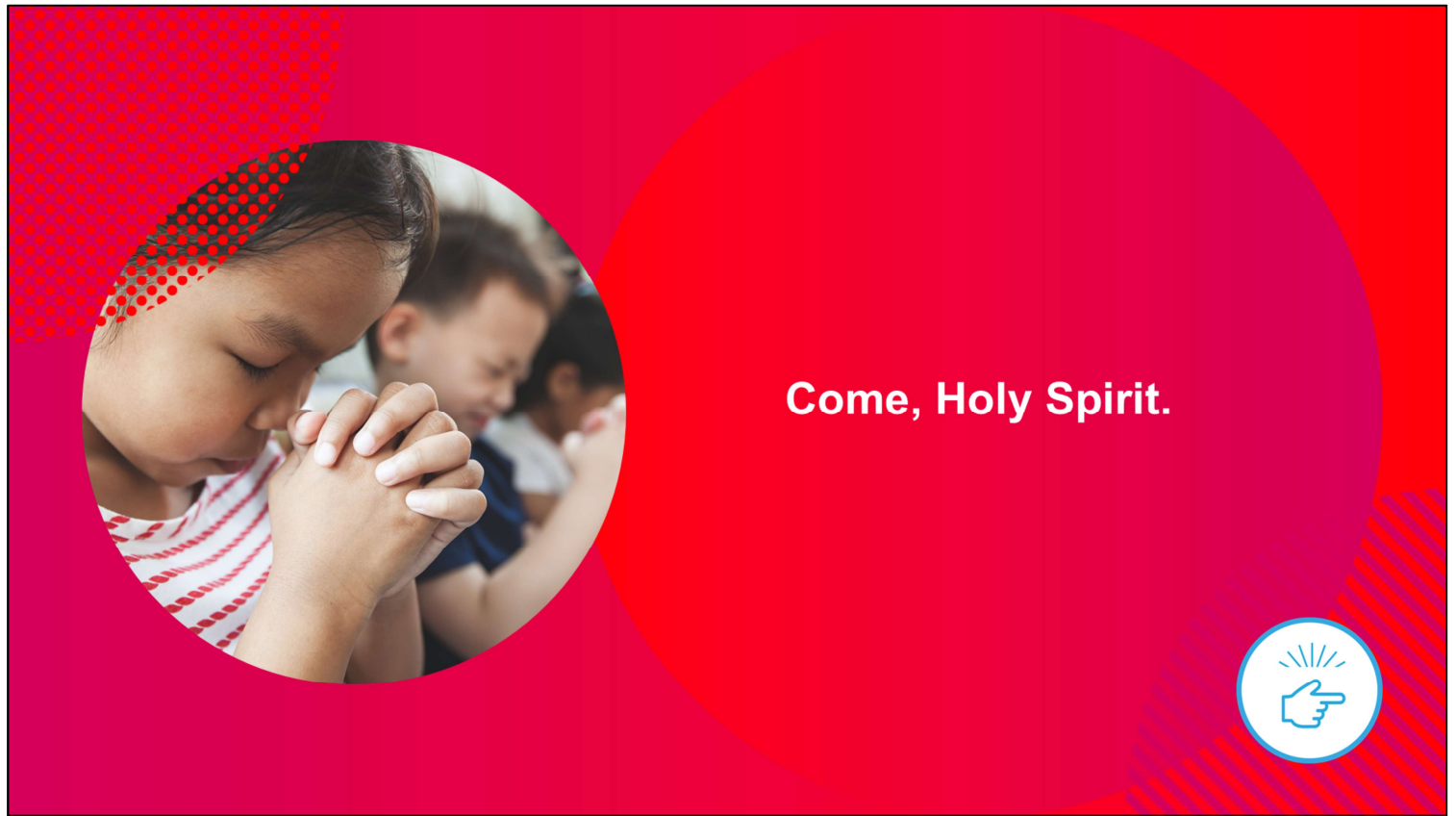


Give me joy in my heart,
keep me praising,
Give me joy in my heart I pray;
Give me joy in my heart, keep me praising,
Keep me praising till the break of day:

Sing hosanna, sing hosanna,
sing hosanna to the King of kings.
Sing hosanna, sing hosanna,
sing hosanna to the King.

(Invite everyone to stand and sing along to the song.)

Image by Freepik https://www.freepik.com/free-vector/group-kids-singing-choir-illustrated_10889610.htm



Prayer Leader:

Let's think for a moment...

How can you gratefully accept all good things that come to you?

Don't be shy about accepting kindness and taking what others give you. Sharing kindness is God's way because it creates togetherness and happiness.

When someone offers you something - a compliment, a helping hand or even just a smile, take it and say thank you.

Let's finish our prayers by asking the Holy Spirit to help us today.

All:

Come, Holy Spirit.

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

Moments of Joy

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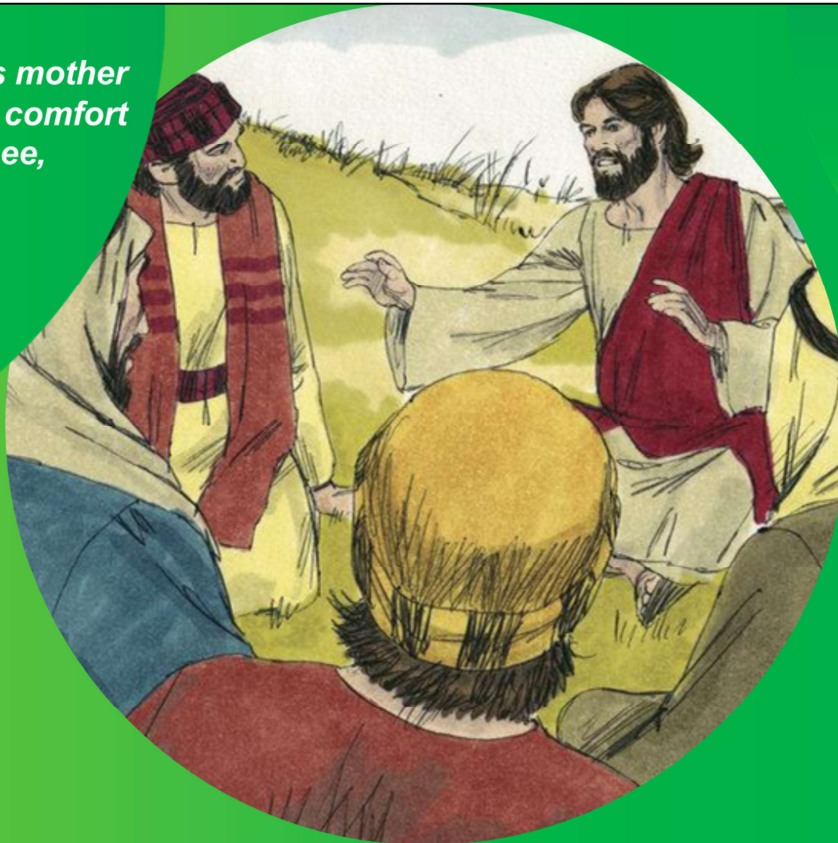
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*'As one whom his mother
comforts, so I will comfort
you.... You shall see,
and your heart
shall rejoice.'*

Isaiah 66:13-14

Wednesday



Prayer Leader:

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

Jesus sent His disciples out to spread the Good News, knowing that they would not be welcome everywhere they went. But even when they were not welcome, Jesus taught them to respond with love and joy - and He invites us to do the same!

Our prayers this week are helping us to be joyful and keep praising God, no matter what.

Each day we are invited to respond with joy and praise to God by singing.

Yesterday we thought about gratefully accepting all good things that come to us.

Today we'll reflect on **knowing we are worthy of love and care.**

First, take a moment to think of and thank God for any moments of joy you have experienced over the last few days.

(Pause)

Now let's listen to the Scriptures as the prophet Isaiah tells us how God looks after us.

(Invite the Reader to read the Scripture.)

Reader:

***‘As one whom his mother comforts,
so I will comfort you....***

You shall see, and your heart shall rejoice..’

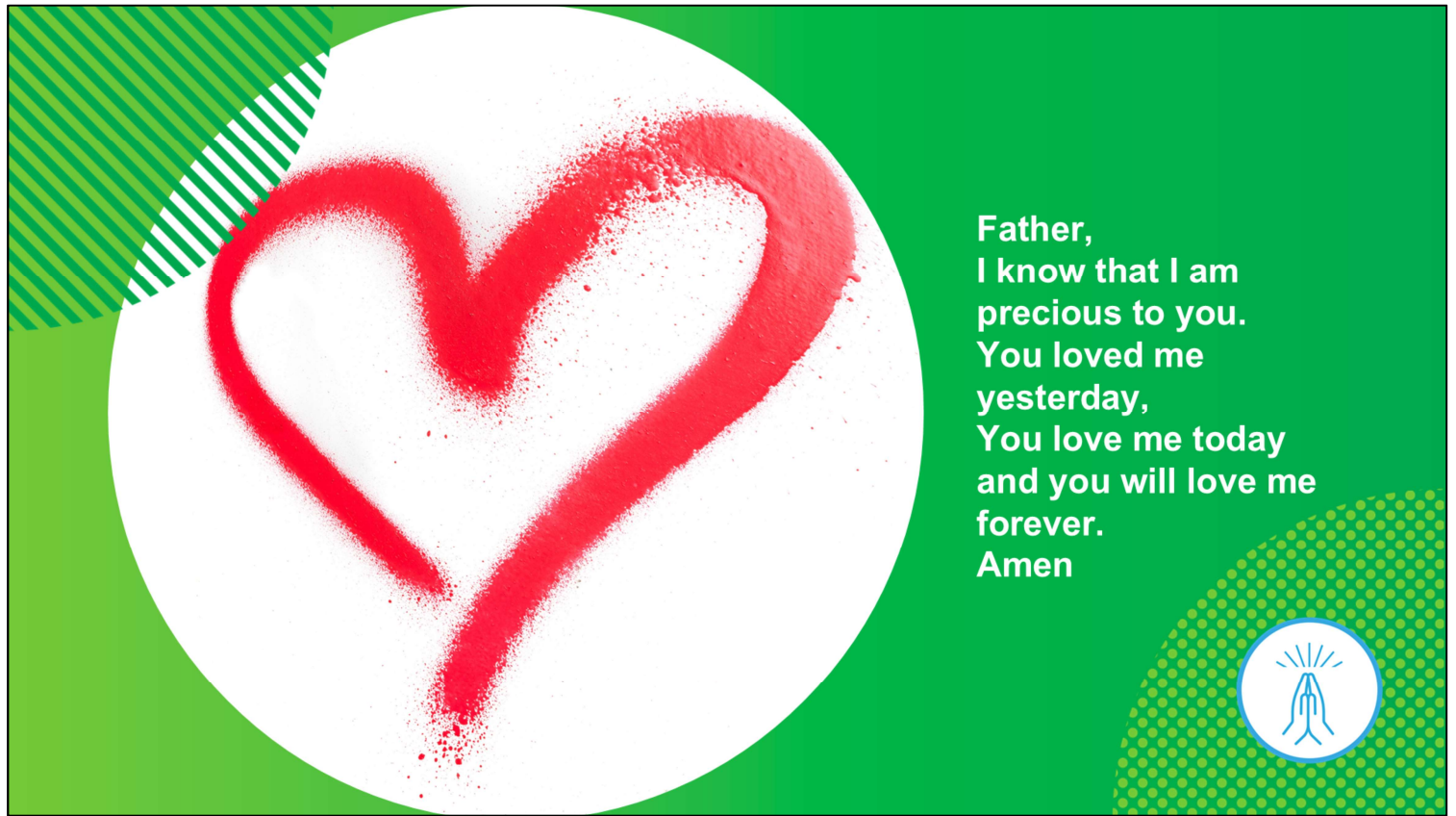
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Father,
I know that I am
precious to you.
You loved me
yesterday,
You love me today
and you will love me
forever.
Amen

Prayer Leader:

Jesus knew that sometimes people are unkind. He prepared His disciples to understand that they would experience being ignored and rejected.

Sometimes we might feel left out or upset. It doesn't feel good to be treated unkindly.

But remember, nothing that others do changes who we are.
And God loves us just as we are!

Do you feel upset and left out, or loved and cared for? Talk to God in your heart now about how you feel today.

Let's pray together.

All:

**Father,
I know that I am precious to you.
You loved me yesterday,
You love me today and you will love me forever.
Amen**

Prayer Leader:

Now let's rejoice for all that is given to us as we sing!

(Click to reveal 'Give me Joy in My Heart')

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Give me joy in my heart,
keep me praising,
Give me joy in my heart I pray;
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(Invite everyone to stand and sing along to the song.)

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Prayer Leader:

Let's think for a moment...

God wants us to look after others but He also wants us to look after ourselves, recognise our gifts and, most of all, know that He loves us.

How can you be good to yourself and know you are worthy of love and care today?

Simply recognising good things that God has given you today can fill your heart with joy and make you feel loved and cared for.

Let's finish our prayers by asking the Holy Spirit to help us today.

All:

Come, Holy Spirit.

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

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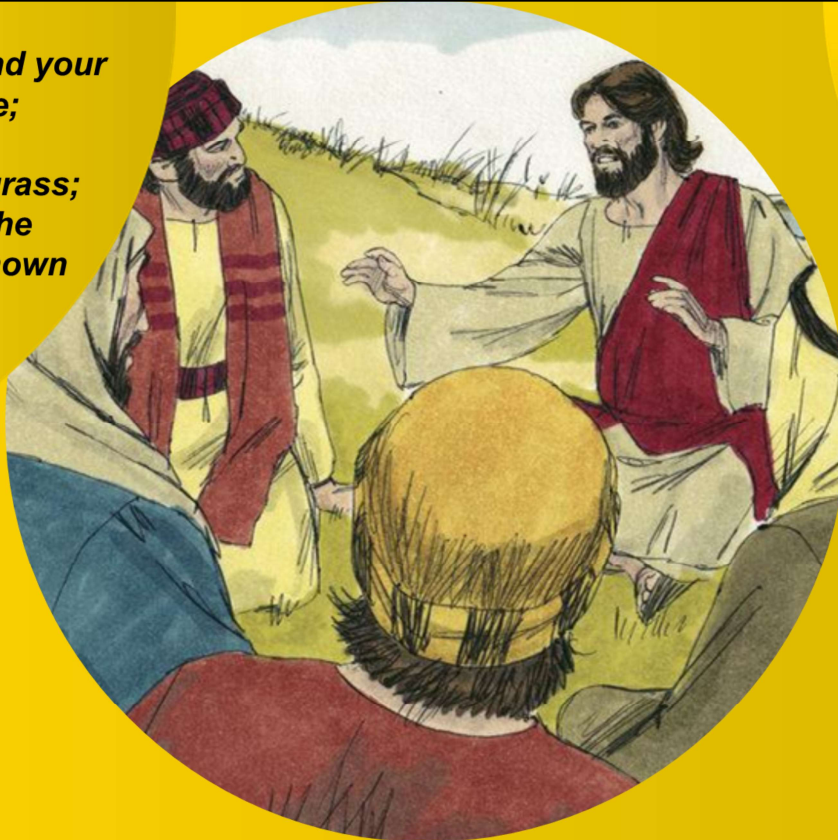
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Isaiah 66:14



Thursday



Prayer Leader:

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

Jesus taught His disciples to respond to everyone and everything they experience with love and joy!

Our prayers this week have reminded us to be joyful and keep praising God, no matter what.
Each day we've been invited to respond with joy and praise to God by singing.

Yesterday we thought about knowing we are worthy of love and care.
Today we'll reflect on **recognising that God's way is the loving way.**

First, take a moment to think of and thank God for any moments of joy you have experienced over the last few days.

(Pause)

Now let's listen again to the Scriptures as the prophet Isaiah reminds us to rejoice.

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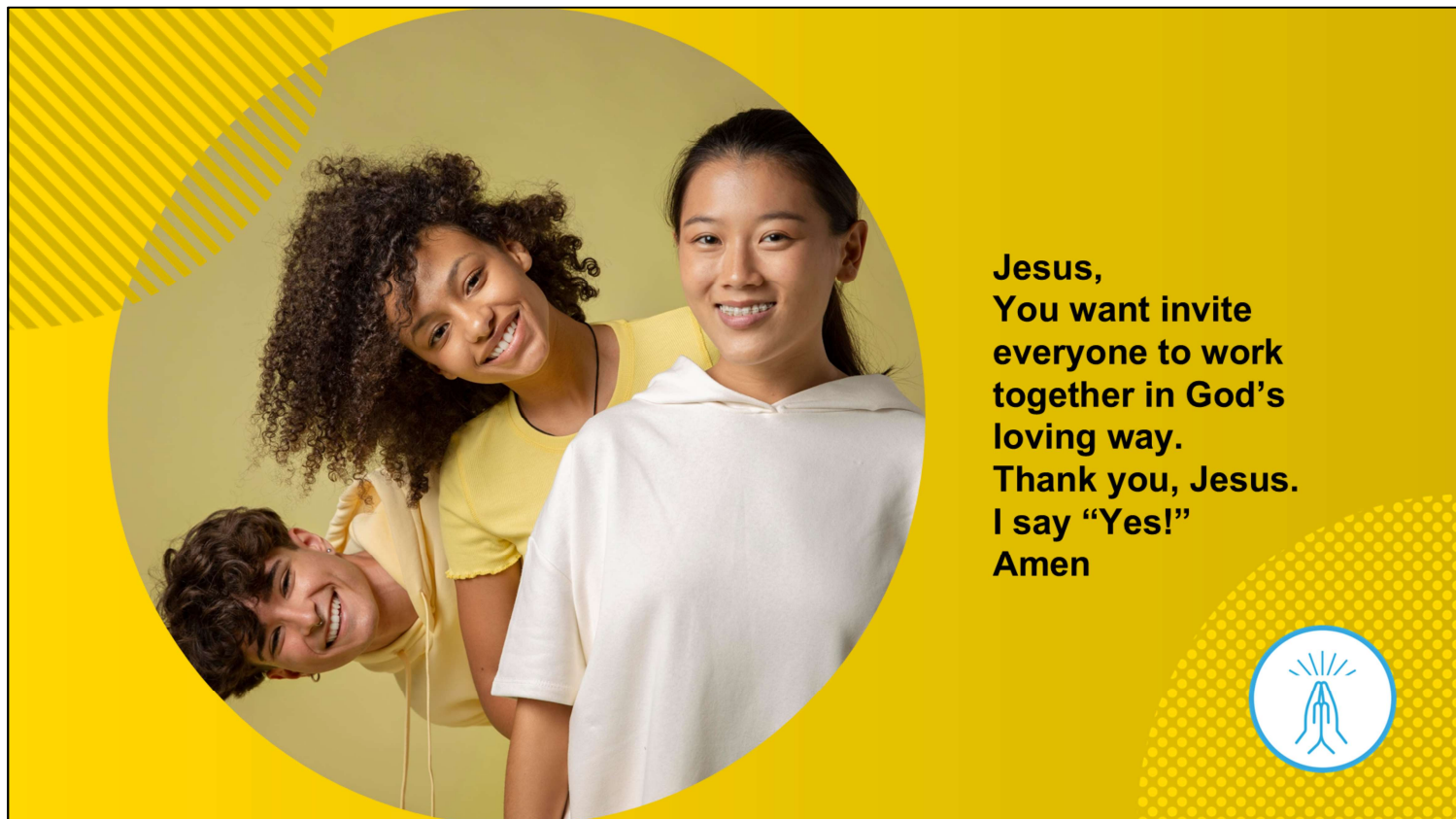
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**Jesus,
You want invite
everyone to work
together in God's
loving way.
Thank you, Jesus.
I say "Yes!"
Amen**

Prayer Leader:

Jesus taught His disciples how to recognise God at work amongst those they met.

When others are kind and welcoming towards us, we know that God is working through them.

So enjoy the kindness and care that others offer you - then you are encouraging the work of God in them!

Talk to God in your heart now about a person who treated you with God's love and goodness recently.

Let's pray together:

All:

**Jesus,
You invite everyone to work together in God's loving way.
Thank you, Jesus. I say "Yes!"
Amen**

Prayer Leader:

Now let's rejoice for all that is given to us as we sing!

(Click to reveal 'Give me Joy in My Heart')

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Come, Holy Spirit.



Prayer Leader:

Let's think for a moment...

Jesus invites us to look for the good in others and be encouraged to do good ourselves.

God always sees what we do and rejoices in the good.

How can you reach out to others in God's way today?

Remember, God's way is the loving way. There are so many ways you can show loving kindness to others.

Let's finish our prayers by asking the Holy Spirit to help us today.

All:

Come, Holy Spirit.

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

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