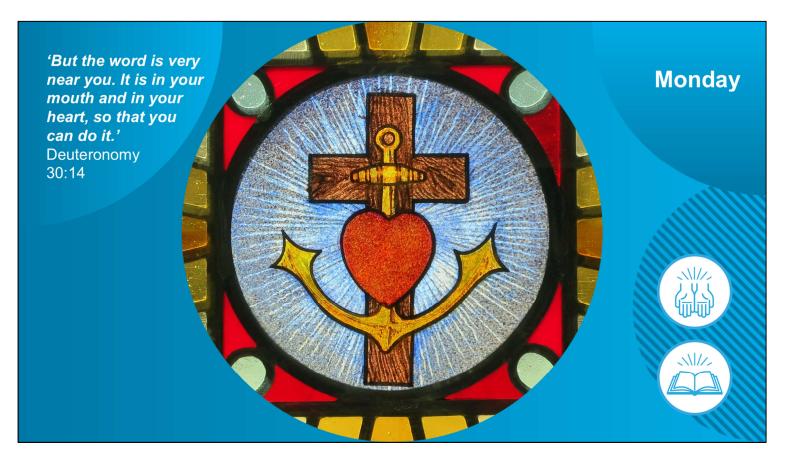


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#### Prayer Leader: In the name of the Father, and of the Son, and of the Holy Spirit. Amen

In the First Reading from Mass this Sunday, Moses told God's people that God's Word – also called His Law – is not hard to reach, it is very close to us!

#### (Invite the Reader to read the Scripture.)

#### **Reader:**

*'But the word is very near you. It is in your mouth and in your heart, so that you can do it.'* (Deuteronomy 30:14)

## **Prayer Leader:**

Moses' words remind us that what God wants us to do is already written in our mouths and hearts.

When we love God with all our heart, soul and strength He gives us the gifts of **faith, hope and love.** 

These gifts guide us, helping us to follow God and grow closer in our friendship with Him.

Through our prayers we will remember these great gifts and ask God to

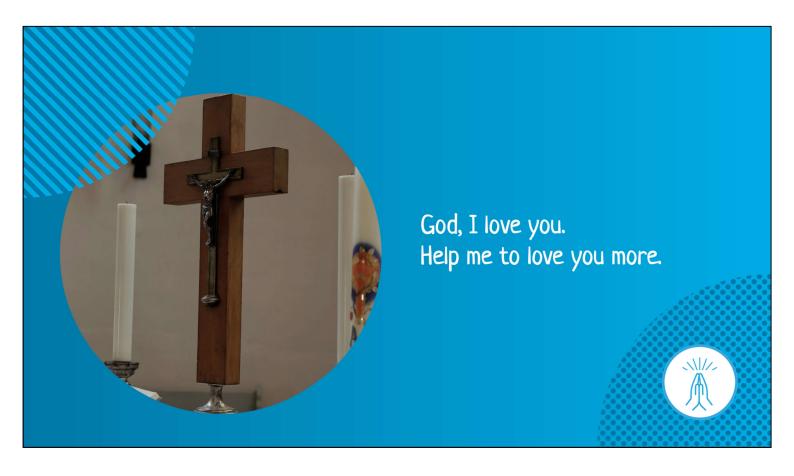
help us to use them every day.

And, as Pilgrims of Hope in this Year of Jubilee, we can practise sharing faith, hope and love with others!

Today we will pray for ourselves, that we grow in faith, hope and love.

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We're going to pray using an 'Examen'. This type of prayer helps us to think about how we are doing at following God's gifts of faith, hope and love.

Relax for a moment and still your thoughts. You might like to **ask God to help you to pray now.** 

## Think about your FAITH:

- Do you believe in God?
- Do you trust that what He says to us is true?
- What do you need from God to help you believe in Him more today?

We pray together (click to reveal):

#### All: God, I believe in you. Help me to believe in you more.

## Now think about your HOPE:

- Do you feel full of hope today?
- Do you trust that God has good plans for you and your future?

• When has your hope in Jesus helped you to keep going even when things were difficult?

We pray together (click to reveal):

All: God, I hope in you. Help me to hope in you more.

## Now think about LOVE:

- Do you know that God truly loves you?
- How have you shown God that you love Him?
- Is it easy or difficult to share God's love with people you know?

We pray together (click to reveal):

All: God, I love you. Help me to love you more.

## Now listen to God.

- What is God saying to you?
- How is God asking you to grow in His gifts of faith, hope and love?

## Talk to God now in your own words.

Images by Christina & Peter on Pexels.com https://www.pexels.com/photo/wooden-altar-cross-with-candles-and-open-bible-32113592/ https://www.pexels.com/@christina999999/



We can grow in the gifts of faith, hope and love by practising and sharing these gifts with others.

#### Think about this:

How can you be a Pilgrim of Hope by sharing your faith and love for God with someone you know today?

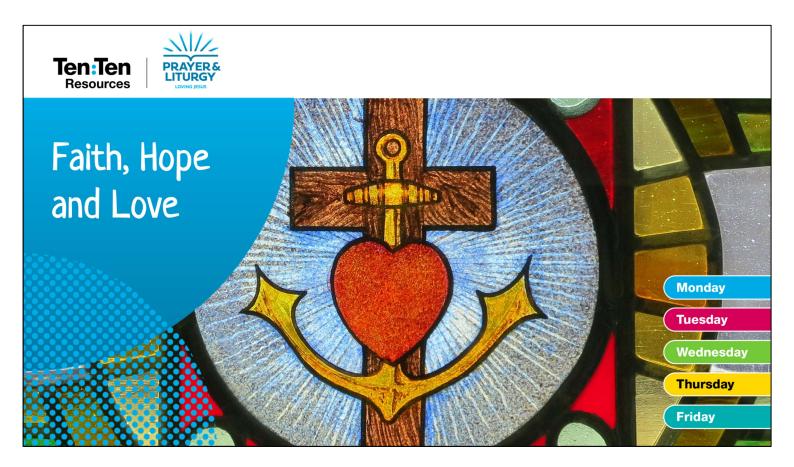
Let's finish with a prayer.

#### All:

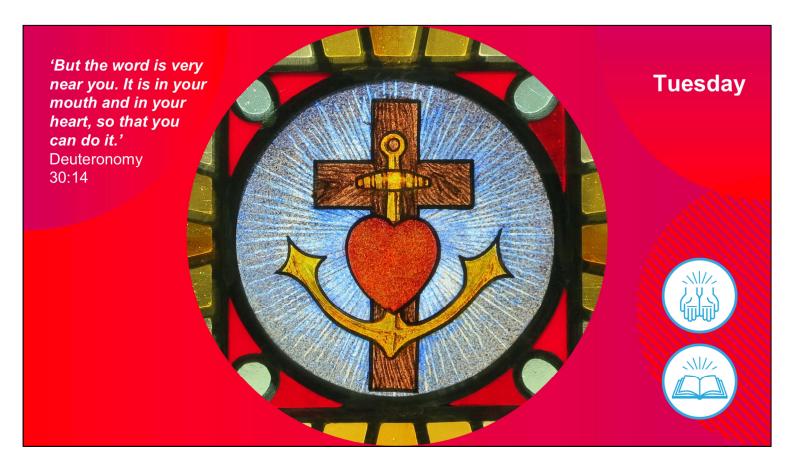
Heavenly Father, Thank you for giving us all we need to live according to your Word. Help us to share faith, hope and love each day.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Image by Freepik https://www.freepik.com/free-photo/asian-family-eating-together 29016479.htm



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#### Prayer Leader: In the name of the Father, and of the Son, and of the Holy Spirit. Amen

In the Scriptures we hear Moses telling God's people that God's Word is not hard to reach, it is very close to us!

## (Invite the Reader to read the Scripture.)

#### **Reader:**

*'But the word is very near you. It is in your mouth and in your heart, so that you can do it.'* (Deuteronomy 30:14)

#### **Prayer Leader:**

Moses' words remind us that what God wants us to do is already written in our mouths and hearts.

When we love God with all our heart, soul and strength He gives us the gifts of **faith, hope and love.** 

These gifts guide us, helping us to follow God and grow closer in our friendship with Him.

Through our prayers we will remember these great gifts and ask God to help us to use them every day.

And, as Pilgrims of Hope in this Year of Jubilee, we can practise sharing faith, hope and love with others!

Yesterday we prayed for ourselves, that we grow in faith, hope and love. Today we will pray **in faith for those who are in need.** 

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Faith is a gift from God that gives us what we need to really believe in Him. Having faith means that we believe in God and who He is.

The Cross can remind us of our faith.

You often find a Crucifix or Cross on a Rosary, as a symbol of faith and devotion to God.

We trust, in faith, that God hears our prayers and answers them. It's with faith that our prayers are offered to God because we know He listens and responds to them!

Image by Freepik <u>https://www.freepik.com/free-photo/religious-woman-praying-with-rosary-beads\_12690320.htm</u>



We'll pray with faith for those in need today, using the signs for faith, hope and love.

Let's learn the signs for 'faith, hope and love' now.

(Click to play the video and practise the signs.)



As we pray for those in need, we will make the signs '**faith, hope and love'** together.

#### (Invite the Reader to read the prayers.)

#### **Reader:**

We pray for those who are sick. For people who need help and healing in their body or mind. We believe in God's power to reach them. In faith we pray - Lord, bless them with...

#### All:

... faith, hope and love.

#### **Reader:**

We pray for those who are struggling. For people who are homeless, hungry or lonely. We believe in God's power to help them. In faith we pray - Lord, bless them with...

#### All:

## ... faith, hope and love.

## **Reader:**

We pray for those who are dying.

For people who know God and those who don't, who are at the end of their lives.

We believe in God's power to comfort them.

In faith we pray - Lord, bless them with...

## All:

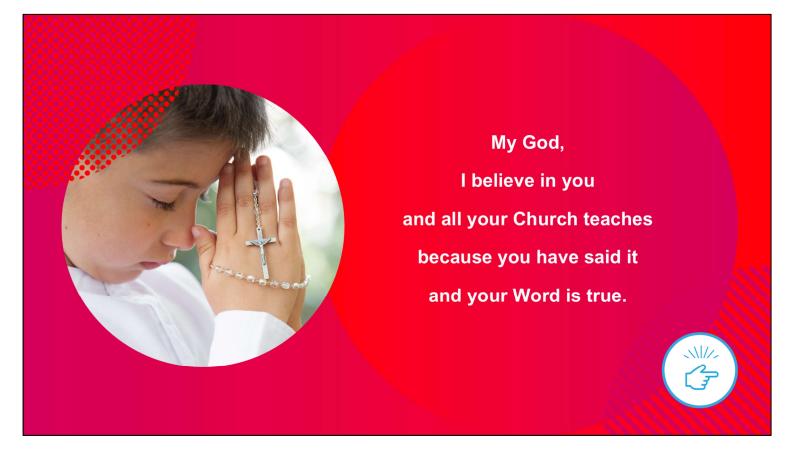
#### ... faith, hope and love.

#### **Prayer Leader:**

You may like to offer your own prayers of faith for those in need now.

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We can grow in the gifts of faith, hope and love by practising and sharing these gifts with others.

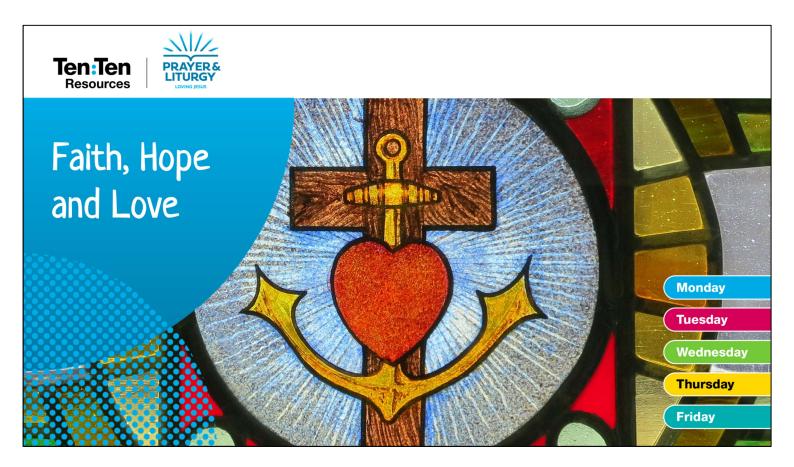
Think about this: How can you be a Pilgrim of Hope by supporting someone in need today?

Let's finish with a prayer called the 'Act of Faith' to keep our faith strong!

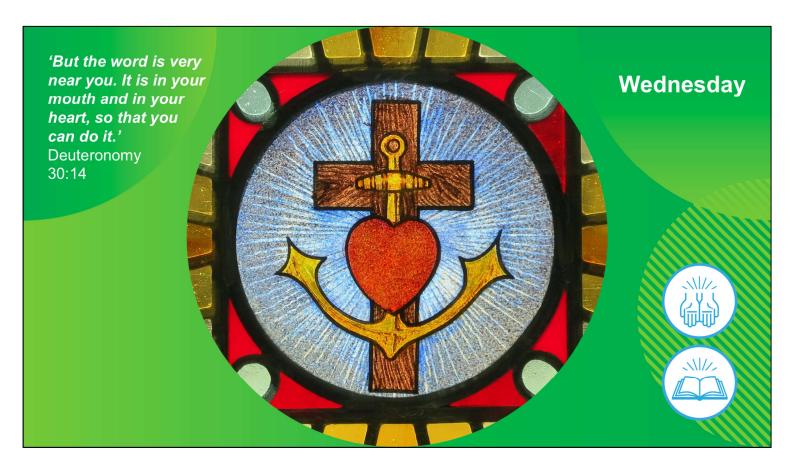
All: My God, I believe in you and all your Church teaches because you have said it and your Word is true.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

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#### Prayer Leader: In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Moses' words from the Bible are inspiring our prayers this week. In the Scriptures, we read about Moses telling God's people that God's help and direction is not hard to reach...

## (Invite the Reader to read the Scripture.)

#### **Reader:**

*'But the word is very near you. It is in your mouth and in your heart, so that you can do it.'* (Deuteronomy 30:14)

## **Prayer Leader:**

Moses' words remind us that what God wants us to do is already written in our mouths and hearts.

When we love God with all our heart, soul and strength He gives us the gifts of **faith**, **hope and love**.

These gifts guide us, helping us to follow God and grow closer in our friendship with Him.

Each day we are remembering these great gifts and asking God to help us

to use them.

And, as Pilgrims of Hope in this Year of Jubilee, we can practise sharing faith, hope and love with others!

Yesterday we prayed in faith for those who are in need. Today we will pray **with hope for all refugees.** 

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Hope is a gift from God that helps us to trust in God's promises. Our hope in God reminds us that He is good and He cares for us.

An anchor can remind us of hope.

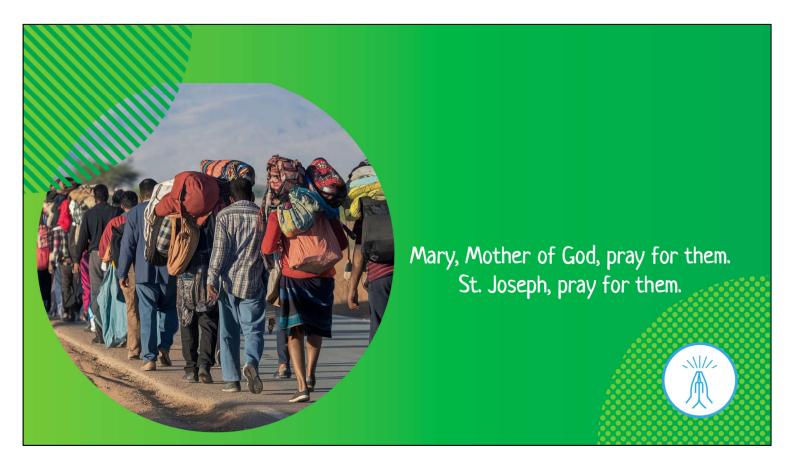
Like an anchor holds a boat steady when it's out at sea, hope in God holds us steady even when things are difficult!

(Click to reveal) You might have noticed that there is an anchor in the logo for the Year of Jubilee - an anchor of hope!

We place our hope in God because we know He will stay true in His promise to love and care for all people.

It's hope that helps us to pray for people who face difficulty, that God would show His goodness to help them.

Image by Freepik https://www.freepik.com/free-vector/anchor-background-ocean 1577787.htm



Today we'll pray with a litany for refugees.

Let's invite God to bring hope to those who have been forced to leave their homes.

The response is - Grant them a home, hope and a future.

## (Invite the Reader to read the prayers.)

#### **Reader:**

Lord, we lift up our brothers and sisters who have had to flee their homes. For all those who are escaping war, poverty and persecution. **Grant them a home, hope and a future.** 

## **Reader:**

For all who have left their homes and do not know where they will go. **Grant them a home, hope and a future.** 

## **Reader:**

For those who worry about what they have lost or had to leave behind. Grant them a home, hope and a future.

## Reader:

For families who are no longer together or have lost loved ones. **Grant them a home, hope and a future.** 

## Reader:

Help us to welcome and serve all refugees, migrants, and displaced persons.

## Grant them a home, hope and a future.

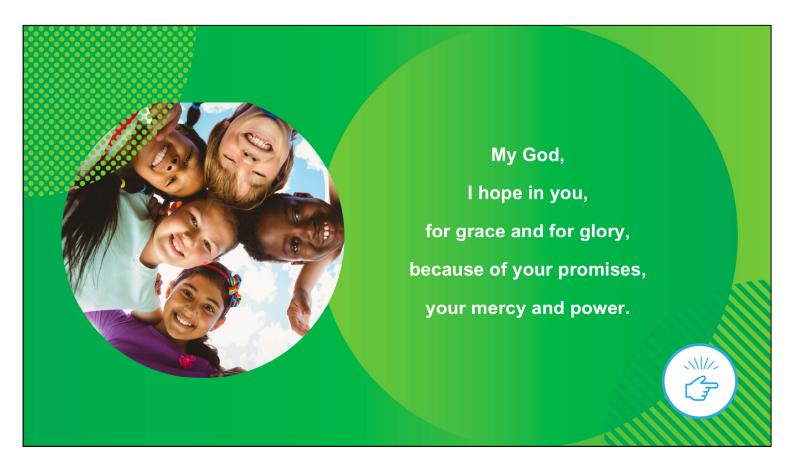
## **Prayer Leader:**

We remember that Jesus and His family were refugees. Let's pray for the Holy Family's intercession for all refugees (*click to reveal*).

## All:

Mary, Mother of God, pray for them. St. Joseph, pray for them.

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We can grow in the gifts of faith, hope and love by practising and sharing these gifts with others.

## Think about this: How can you be a Pilgrim of Hope by supporting refugees in prayer or action today?

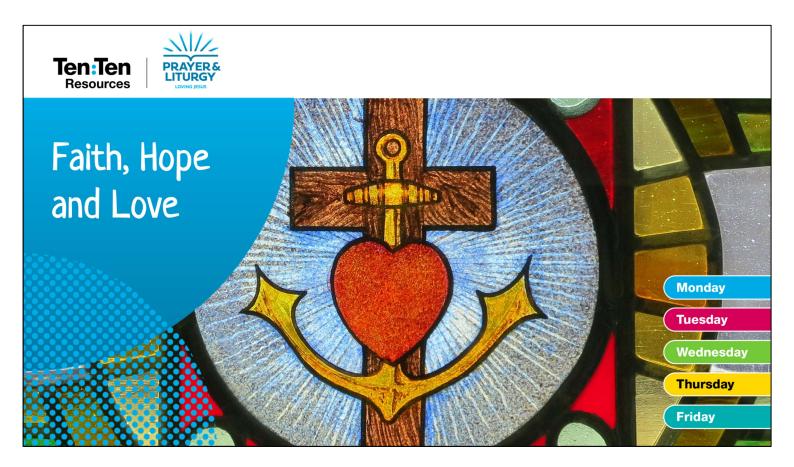
Let's finish with a prayer called the 'Act of Hope' to keep our hope strong!

All: My God, I hope in you, for grace and for glory, because of your promises, your mercy and power.

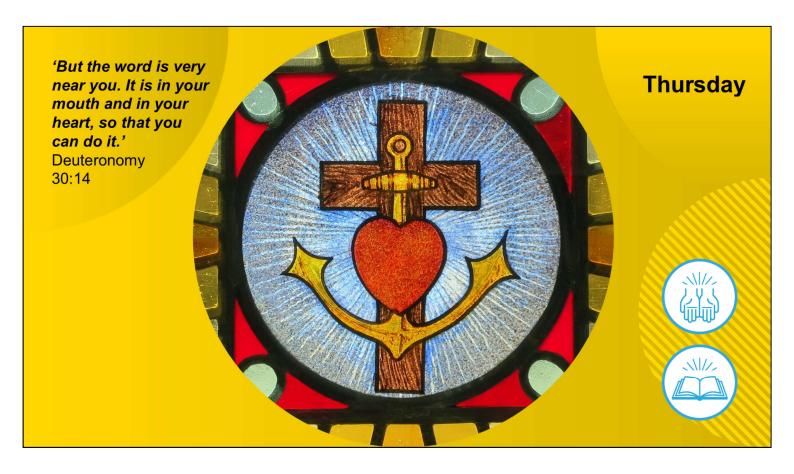
#### In the name of the Father, and of the Son, and of the Holy Spirit. Amen

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huddle 1678471.htm



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#### Prayer Leader: In the name of the Father, and of the Son, and of the Holy Spirit. Amen

This week, the words of Moses in the Scriptures have reminded us that what God wants us to do is already written in our mouths and hearts.

#### (Invite the Reader to read the Scripture.)

#### **Reader:**

'But the word is very near you. It is in your mouth and in your heart, so that you can do it.' (Deuteronomy 30:14)

#### **Prayer Leader:**

When we love God with all our heart, soul and strength He gives us the gifts of **faith, hope and love.** 

These gifts guide us, helping us to follow God and grow closer in our friendship with Him.

Through our prayers we have remembered these great gifts and asked God to help us to use them every day.

And, as Pilgrims of Hope in this Year of Jubilee, we've thought about how we can share faith, hope and love with others!

## Yesterday we prayed with hope for all refugees. Today we will pray **with love for our school community.**

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Love is a gift from God that helps us to know that He truly loves us! When we know that God loves us, we can reach out and love others and ourselves in the same way.

A heart can remind us of love.

God fills our hearts with His love through the Holy Spirit so that we can be a part of bringing His love to the world around us.

God's love is amazing and inspires us to choose to love others even when it is difficult.

It is love that brings us closer to God and each other.

Image by Freepik <u>https://www.freepik.com/premium-ai-image/with-simple-meaningful-illustration-heart-cross-we-are-able-demonstrate-our-faithful-devotion-christianity\_282267318.htm</u>



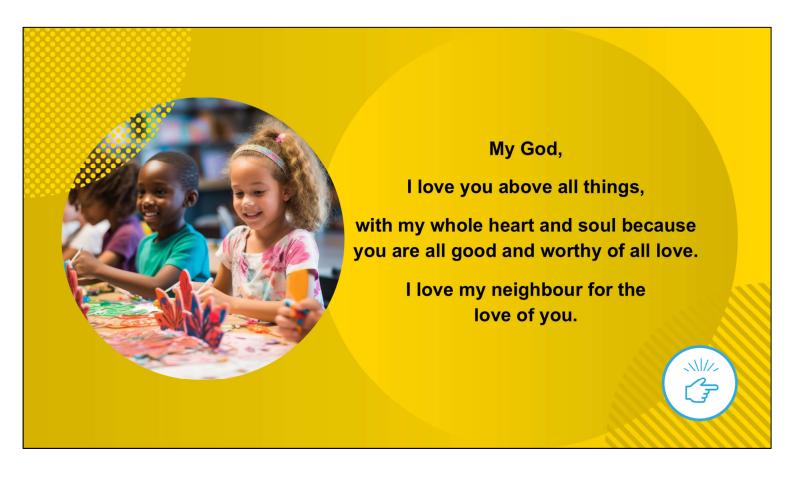
Today we'll use prayer prompts to help us pray with love for our school community.

You can complete the prayers in your own heart, inviting God's gift of love to be with all those in our school.

## (Click to reveal each, allowing time to pause, pray and reflect.)

- Lord, help us to share love with our classmates by...
- When we are learning, guide us...
- When we play together, remind us...
- We thank you for the people in our school who...
- As a school community, help us to grow in...

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We can grow in the gifts of faith, hope and love by practising and sharing these gifts with others.

#### Think about this:

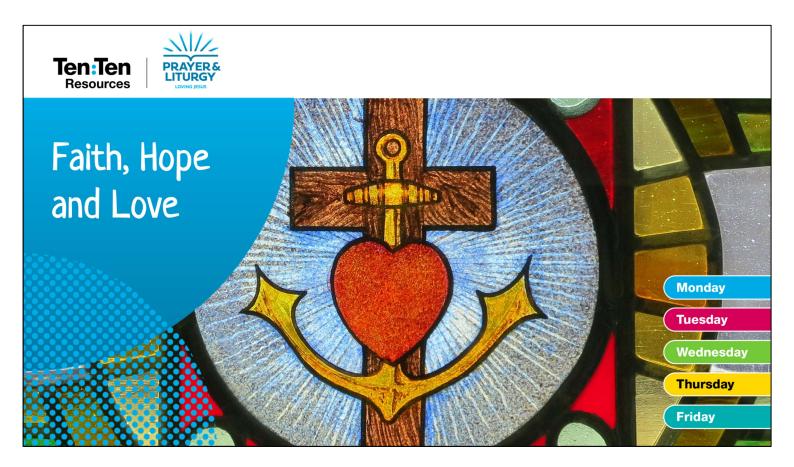
How can you be a Pilgrim of Hope by sharing love with those in our school community today?

Let's finish with a prayer called the 'Act of Love' to strengthen our love for God and others!

# All: My God, I love you above all things, with my whole heart and soul because you are all good and worthy of all love.

I love my neighbour for the love of you.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen



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