



**ST. ALBAN'S**

CATHOLIC PRIMARY SCHOOL

LEAD THE WAY

# **Year 4**

# **Prayer Book**



# Mission Statement

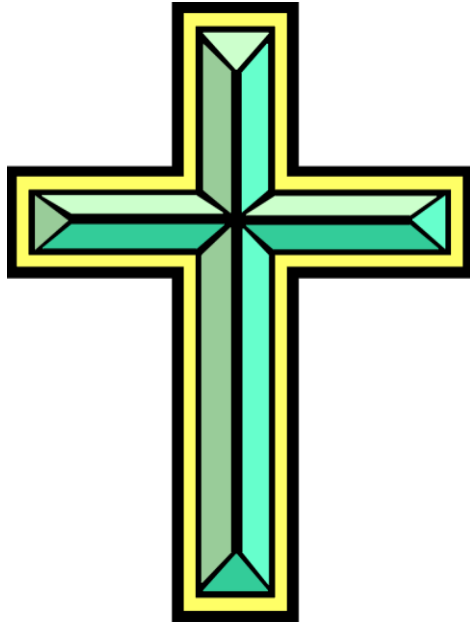
We will grow  
in faith  
together as  
a school  
family

We will  
follow the  
examples of  
Jesus

We will work  
hard to be  
the best that  
we can be

We will lead  
the way for  
others both  
near and far

# Sign of the Cross



In the Name of the Father,  
and of the Son,  
and of the Holy Spirit.

Amen

# Morning Prayer

O my God you love me,  
you are with me night and day.

I want to love you always  
in all I do and say.

I'll try to please you Father,  
bless me through the day.

Amen



# Evening Prayer

God our Father I come to say,  
thank you for your love today.

Thank you for my family,  
and all the friends you give to me.

Guard me in the dark of night,  
and in the morning send your light.

Amen



# Prayer Before Meals

Bless us O Lord as we sit together.

Bless the food we eat today.

Bless the hands that made the food.

Bless us, O Lord.



# Prayer After Meals

Thank you God  
for all the food we have eaten.  
Thank you God for all our friends.  
Thank you God for everything.  
Bless us O Lord.

Amen

Give  
**Thanks!**



# Hail Mary

Hail Mary, full of grace, the Lord is with thee.

Blessed are thou among women,

And Blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners,

Now and at the hour of our death.

Amen





# Our Father

Our Father, who art in Heaven,  
Hallowed be Thy name.

Thy kingdom come, Thy will be done,  
on earth as it is in Heaven.

Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not in to temptation, but deliver  
us from evil.

Amen

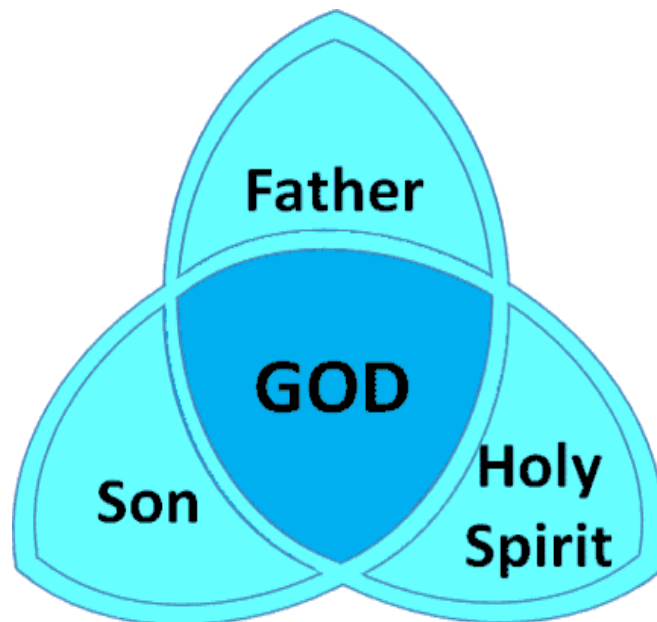


# Glory Be to the Father

Glory be to the Father and to the Son  
and to the Holy Spirit.

As it was in the beginning, is now and  
ever shall be, world without end.

Amen



# Prayer to my Guardian Angel

O angel of God, my guardian dear,  
to whom God's love commits me here,  
ever this day be at my side  
to light, to guard, to rule and guide.

Amen



# Act of Contrition

O my God, I am very sorry that I have  
sinned against you,  
and by the help of your grace I will  
not sin again.



# **Act of Faith, Hope and Love**

My God, I believe in you, and trust in you.

I love you above all things,  
with all my heart and mind and strength

I love you because you are supremely  
good and worth loving;

and because I love you, I am sorry with  
all my heart for offending you.

Lord have mercy on me.

Amen

# Hail Holy Queen

Hail, Holy Queen, Mother of mercy,  
our life, our sweetness, our hope.

To you do we cry,  
poor banished children of Eve.  
To you do we send up our sighs,  
mourning and weeping  
in this valley of tears.

Turn then, most gracious advocate,  
your eyes of mercy toward us,  
and after this our exile,  
show unto us the Blessed fruit of Thy womb,  
Jesus.

O clement, O loving, O sweet Virgin Mary  
Pray for us O Holy Mother of God  
That we may be made worth of the promises  
of Christ.

Amen

# Prayer to the Holy Spirit

Come, Holy Spirit,  
fill the hearts of your faithful,  
and enkindle in them the fire of your love.  
Send forth your Spirit and they shall be created,  
and you shall renew the face of the earth.

O God, who has taught the hearts of the faithful  
by the light of the Holy Spirit,  
grant that by the gift of that same Spirit,  
We may be always truly wise and ever rejoice in  
his consolation.

Amen

# Apostles Creed

I believe in God the Father Almighty,  
creator of Heaven and earth;  
and in Jesus Christ, His only Son our Lord;  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried.  
He descended into Hell;  
The third day he rose again;  
he ascended into Heaven,  
and sits at the right hand of God the Father Almighty;  
from thence He shall come to judge the living and the  
dead.

I believe in the Holy Spirit,  
in the Holy Catholic Church,  
the communion of Saints,  
the forgiveness of sins,  
the resurrection of the body  
and life everlasting.

Amen