



ST. ALBAN'S
CATHOLIC PRIMARY SCHOOL
LEAD THE WAY

JOURNEY IN LOVE

YEAR FOUR

AIM: TO MAKE LINKS AND CONNECTIONS TO SHOW THAT WE ARE ALL DIFFERENT. TO CELEBRATE THESE DIFFERENCES AS WE APPRECIATE THAT GOD'S LOVE ACCEPTS US AS WE ARE NOW AND AS WE CHANGE

Social and Emotional

Learning to describe how we all should be accepted and respected

Physical

Learning to describe how we should treat others, making links with the diverse modern society we live in

Spiritual

Learning to celebrate the uniqueness and innate beauty of each of us

Journey in Love	DFE guidance
Families and people who care for me	<ul style="list-style-type: none">• Stable, caring relationships, which may be of different types, are at the heart of happy families and are important to children's security as they grow up• Others' families sometimes look different from their family but they should respect those differences and know that other children's families are also characterised by love and care
Caring friendships	<ul style="list-style-type: none">• Healthy friendships are positive and welcoming towards others and do not make others feel lonely or excluded• Most friendships have ups and downs and that these can often be worked through so the friendship is repaired or even strengthened• Resorting to violence is never right• How to recognise who to trust and who not to trust• How to judge when a friendship is making them unhappy or uncomfortable• Managing conflict and how to manage these situations• How to seek help or advice from others if needed

<p>Respectful relationships</p>	<ul style="list-style-type: none"> • The importance of respecting others, even when they are very different from them, make different choices or have different preferences or beliefs • Practical steps they can take in a range of different contexts to improve or support respectful relationships • The conventions of courtesy and manners • The importance of self-respect and how this links to their own happiness • That in school and wider society they can expect to be treated with respect by others and in turn should show respect, incl. to those in positions of authority • Different types of bullying (incl. cyberbullying), the impact of bullying, responsibilities of bystanders and how to get help • What a stereotype is and how stereotypes can be unfair, negative or destructive • The importance of permission seeking and giving in relationships with friends, peers and adults
<p>Being safe</p>	<ul style="list-style-type: none"> • How to recognise and report feelings of being unsafe or feeling bad about any adult • How to ask for advice or help themselves or others and to keep trying until heard • How to report concerns or abuse and the vocabulary and confidence needed to do so • Where to get advice • The concept of privacy and the implications of it for both adults and children • It is not always right to keep secrets