



Intimate Care Policy

This Policy has been approved and adopted by the School; September 2025

To be reviewed; September 2026

Xavier Catholic Education Trust Mission Statement

Our mission is to provide an outstanding Catholic education for all the pupils in our schools. We will follow the example and teachings of Christ and everything we do will be inspired by gospel values. We will strive for excellence in all areas of our work and cherish every child in our care.

Aims

At St Alban's Catholic Primary School we recognise that some children with SEND and other children's home circumstances may result in children arriving at school needing support with personal care due to physical disabilities or with under-developed toilet training skills. The aim of this policy is to:

- Ensure that children or young people who require assistance with toilet training or with special arrangements for personal care are dealt with dignity, respect, and sensitivity.
- Ensure children are involved in their own intimate care and are able to express their views where they have the ability to do so, and are listened to.
- Ensure that appropriate provision is made for such children.
- Ensure that support is offered to parents with children who have intimate care needs.

Objectives

For those children with SEND that require support with personal care we will:

Consult outside agencies prior to child starting school for support on what equipment the child may need to meet their personal care needs.

Staff will be trained, if necessary, on how to meet the specific needs of individual.

A Risk Assessment will be carried out to assess the risks to both the individual child and adults supporting them to meet their personal care needs.

An IHP will be written detailing the healthcare and intimate care needs of the child.

A record will be made every time a child is supported with their personal care.

For those children who require support with developing their toilet training skills we will:

Encourage the child's awareness that they need to go to the toilet at regular intervals or at specific times.

Develop going to the toilet independently.

Improve self-care skills, including making oneself clean after using the toilet.

Develop the child's confidence and ability to tell an adult if they need to go to the toilet or has had an 'accident.'

Signpost parents to agencies or resources that may offer support outside of school.

Intimate Care

Prior to starting school, parents of Reception children will be informed by the school that if a child accidentally soils or wets themselves, we will encourage the child to change themselves. If a parent refuses to allow the school to change them then they must let the school know before their child starts school. Any soiled clothing will be placed in a sealed plastic bag ready for parent to collect and their parents will be notified of the incident and outcome. We will change children for odd 'accidents'. If a child needs to be changed routinely as part of day to day personal care then medical support will be sort from the relevant agencies/professionals.

Older children who have an occasion accident are able to change themselves without adult supervision. Any soiled clothing will be placed in a sealed plastic bag ready for parents to collect and their parents will be notified of the incident and outcome.

If a child is not toilet trained because of a Disability or Additional Needs their rights to inclusion are additionally supported by the Equality Act 2010.

All incidences of adults supporting children with any form of personal care will be documented. This will include assisting children with SEND with toileting on a daily basis or supporting a child with changing after a wet or soiling accident.

This policy links to the following policies:

- Accessibility plan

- Xavier Supporting Pupils with Medical Conditions Policy
- Xavier SEND Policy
- Attendance Policy
- Child Protection and Safeguarding Policy

This policy has due regard for;

The Children and Families Act 2014

Keeping Children Safe in Education 2024 Guidance

SEND Code of Practice 2014 Guidance

Supporting Pupils at School with Medical Conditions 2014 Guidance