



ST. ALBAN'S
CATHOLIC PRIMARY SCHOOL
LEAD THE WAY



Physical Education and Sports Premium Funding 2022–2023

Physical Education Premium Funding

- > At St Alban's Catholic Primary School, we recognise the contribution of Physical Education (PE) to the health and well-being of the pupils. We believe that an innovative, varied PE curriculum and extra-curricular opportunities have a positive influence on the concentration, attitude and academic achievement of all our pupils. Physical Education and sport clearly contribute to the holistic development of young people and through participation in sport and physical education, the pupils learn more about key values such as teamwork, fair play and respect for themselves and others.
- > There is significant evidence to show the positive effects of sport and exercise on pupils' physical health, growth and development. Furthermore, sport also provides a healthy environment for young people to learn how to deal with competition and how to cope with both winning and losing.

Response to Covid-19 pandemic:

- > At St Alban's Catholic Primary School, our overarching aim will be to continue to improve the quality and breadth of PE provision for all pupils, raising achievement and ensuring a lasting impact.
- > During the Covid-19 pandemic, a vast majority of our pupils did not have access to outdoor spaces or physical exercise. With this in mind, the school has decided to capitalise further on our sports provision. We will aim to harness the potential of sport for social good so that the pupils understand how sport can have a meaningful and measurable impact on improving their lives.

What is the Sports Premium?

The government has confirmed that the Primary PE and Sport Premium funding will continue at £320 million for the 2022/2023 academic year.

- > **For the year 2021-2022, St Alban's Catholic Primary School received £19,220**
- > **For the year 2022-2023, the funding expected is £19,289**

Click on the link below for more detailed information: <https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools>

Purpose of the funding:

- > Schools will have to spend the sport funding on improving their provision of PE and sport but will have the freedom to choose how to do this.

Possible uses of the funding include:

- > Providing targeted activities or support to involve and encourage the least active children;
- > Encouraging active play during break times and lunchtimes;

- > Establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered;
- > Raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim.

Key achievements to date:

- Exceptionally high attendance rates (97%+) across KS2 at extra- curricular sports clubs
- Majority KS2 children represented school in sports fixtures (football, netball, hockey, dodgeball, cricket, athletics)
- **YST Silver Award 2022**
- PE subject team established to ensure continuity & succession
- PE & Sport voted as favourite curriculum area by children
- Children trained as sports leaders resulting in extra activities for pupils at lunchtime and breaktime
- The key link between good physical health & strong emotional health & wellbeing is firmly embedded in the culture of the school

Areas for further improvement and baseline evidence of need:

- YST Gold Award 2023
- To embed active learning across the school
- Further develop pathways for girls into sport through extending links with local sports providers
- Fully embed PE assessment into the curriculum as an effective tracking and target setting

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.	85%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	85%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	85%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes – support for additional swimming lessons has been offered to individual families

<p>Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – As stated by the School Sport and Activity Action Plan: <i>‘young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day (in line with the Chief Medical Officer guidelines which recommend an average of at least 60 minutes per day across the week).’</i></p>				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:

<ul style="list-style-type: none"> Weekly dance workshops with dance specialist for KS1 Twice-weekly PE sessions for each class, one run by Sports Coach and one by class teacher. Intra-school competitions between year groups in which every student participates. PE sessions focus on key-skills required for competition across the school 	<ul style="list-style-type: none"> Embedding the use of Get Set 4 PE, Teach Active which support teacher planning and follows a clear progression of skills. Dance Workshops Rigorous review of PE skills development & progression across the school Review curriculum offer for all classes encouraging active play during break times and lunchtimes Establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered Offering a wider variety of sporting before and after school clubs for pupils Utilising the school track to support long distance running and stamina. Raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim Replenishing school sports equipment Attending a variety of district tournaments for: football, netball, 	<p>£1,015</p> <p>£4,725</p> <p>£2,500</p> <p>£1,000</p>	<ul style="list-style-type: none"> Targeted pupils will be more active and will develop an enjoyment of sport and physical activity. All lunchtime staff will be trained to support their understanding and confidence in organising games and activities for pupils during lunchtime breaks so that they are spending the majority of their time engaged in exercise. Pupils stamina and endurance will improve. This will also support resilience and mental well-being. Pupils technique and confidence in the water will improve. Pupils enjoying writing about their 	<ul style="list-style-type: none"> Fitness becomes an activity of choice for more pupils – more likely to participate in physical activity outside of school as well as increasing engagement and attainment in lessons. Strong links with local clubs encourages pupils to sign up and join other sporting clubs outside of school i.e. <ul style="list-style-type: none"> Surbiton Hockey Esher Rugby Surrey Cricket
--	---	---	--	--

	hockey, tag rugby, tennis, dodgeball, athletics, cricket, cross country		experiences in the school Sports Report	
--	--	--	--	--

Total Spend Key Indicator 1		£9,240		

Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement

School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> Professional coaching, Sport celebrations and competitions. Celebrated and valued in class, assembly and by Head Teacher Awards. Evidence of School Sports Premium outlined on School Website Rugby equipment to improve school teams and inter-school competitions. Continued high level focus on active learning across the whole curriculum 	<ul style="list-style-type: none"> encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes) The establishing of the school's termly Sports Report embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching PE to remain a high focus, highly visible element of school life – displays, assemblies, events, notice board, newsletters, school games values embedded within curriculum Formal PE assessments to 		<ul style="list-style-type: none"> Pupils are ambassadors for the subject. The qualification is a source of empowerment for pupils and reflects the school motto of 'Lead the Way.' Greater interest and accountability concerning travel to and from school. Pupils are encouraging each other to make healthier more active lifestyle choices. 	<ul style="list-style-type: none"> Pupils pass on their knowledge to others, who in turn can educate their peers. Increasingly healthier travel and eating habits, which will lead to more energy for further physical activity and making these choices long-term. PE coordinator to continue to coordinate with school office. Coaches comments to continue to be added to PE newsletter along with success of pupils in outside clubs.

<ul style="list-style-type: none"> Fully implement PE assessment & link with outcomes in other subjects Teach Active/Active Maths Implement YST PE Life Skills <p>Award across whole school</p> <ul style="list-style-type: none"> YST membership Active Surrey membership Whole school workshops to educate children in the importance of healthy eating and the link to exercise 	<p>be done alongside all other subjects 3 times a year</p> <ul style="list-style-type: none"> Staff meeting times devoted to promoting & developing active learning opportunities in all classes Review house events, sporting occasions, playground games to increase number of leadership opportunities Increased focus on mindfulness, emotional wellbeing support programmes, PSHE and character development to build confidence, resilience and participation 		<ul style="list-style-type: none"> Pupils enjoying reading their termly sports report. Children understand the importance of maintaining a fit and healthy lifestyle 	<ul style="list-style-type: none"> Increase inter-school competitions across a variety of sports. Review assessments, make amendments to PE curriculum if required Fully analyse impact of Teach Active scheme. Audit benefits of the memberships – how many staff gained? What impact did this have on children's learning? Pupil voice feedback to determine success. What next?
Total Spend Key Indicator 2				

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> To assess the progress made by all pupils in every area of PE, 	<ul style="list-style-type: none"> providing staff with professional development, mentoring, training and 	£500	<ul style="list-style-type: none"> Staff will improve their knowledge and understanding of the 	Teachers to continue to lead PE lessons and assessment tools created with PE

<p>ensuring progression through planning good quality lessons and considering key skills.</p> <ul style="list-style-type: none"> - To improve teacher confidence, knowledge and questioning in PE, thus ensuring the delivery of high-quality PE lessons. - To improve teacher knowledge and skills and confidence in delivering PE. 	<p>resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school</p> <ul style="list-style-type: none"> • hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities • Practical staff meeting to pass learning onto staff 	£1,500	<p>skills required to support Physical education and apply the training to their own practice and PE lessons.</p> <ul style="list-style-type: none"> • Staff will have an opportunity to work on specific/individual areas of need within a lesson • Awareness of assessment in correlation with future planning • Children recognize that they have choices related to sport and PE equipment. • Record attainment using videos on iPad. • Pupils enjoying Maths and English lessons through activity. 	<p>specialist</p> <p>Teachers to make recommendations that encourage children to participate in additional physical activity outside of school.</p>
Total Spend Key Indicator 3		£2,000		

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> - Mini – inter school tournaments planned and managed by the children and promoted by the Head Teacher - External experts to introduce new sports at lunchtime for year groups 3-6 - Access to online resources at home to encourage physical exercise outside of school 	<ul style="list-style-type: none"> • Children take responsibility for the organisation of whole-school events • Children participate in new sports and evidence improvement in competitive environments • introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities • Free lunchtime clubs with sports coach and breakfast club/after-school support • Free dance lunchtime sessions • Y3 attend Surrey Walking initiative • partnering with other schools to run sport activities and clubs 		Participation in play/lunch time activities	<p>Embedded in school curriculum map and delivered by sports specialists and saved on school computer system</p> <p>Children understand that physical exercise should be embedded into daily routines</p>
			Children joining a range of after school sports and physical activities.	
		£6,125	Attitudes to Sport are enhanced by having a wide variety of sports in the curriculum.	
		£1,575	School teams feel more prepared for the different competitions in which they participate.	
		£360	Children can communicate well with each other and work as a team.	
			Increase pupil confidence in map reading. Improvement in children's teamwork, communication,	

			independence and time management.	
	<ul style="list-style-type: none">• providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations• Years 3, 4, 5 and 6 to participate in a combination of cricket, fencing, hockey and rugby sessions run by club coaches to support specialist teaching.• Class teachers to observe & team teach these sessions to improve confidence and improve		Increase pupil confidence, teamwork, communication and trust skills.	
Total Spend Key Indicator 4		£8,060		

Key indicator 5: Increased participation in competitive sport				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:

<ul style="list-style-type: none"> Specialist coaches impacting on developing and enhancing Children's skills in sport across the school. Providing quality Physical Education through practical delivery and support with curriculum planning and assessment across the whole school. Different children chosen to represent the school High quality teaching and learning of PE throughout the school with embedded skills and understanding for both Teachers and Children. Games played against local schools 	<ul style="list-style-type: none"> A variety of children being selected for tournaments throughout the school year. Attending a variety of district tournaments for: football, netball, hockey, tag rugby, tennis, dodgeball, athletics, cricket, cross country organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations. 		<p>Improved standards in invasion games in curriculum time.</p> <p>More girls are keen to take part with a noticeable difference in attitudes to PE and sport.</p> <p>Teachers feel more confident to teach P.E. effectively after meetings/ consultations with PE Specialist</p>	<p>Children experience competition beyond their school to encourage increased learning and desire to improve</p> <p>Children learn to manage emotions in competitive environments and take risks to improve results</p> <p>Children learn key skills required in a variety of disciplines.</p> <p>Children see that international success in sport is attainable through hard work and commitment.</p>
Total Spend Key Indicator 5				
Total Budget Allocation		£19,300		