

Main Meal

OPTION 1

OPTION 2

Veggies

Pasta

Sweet Treats

Monday	Tuesday	Wednesday	Thursday	Friday
Margherita pizza & oven baked wedges 	Mixed bean bolognaise with penne pasta 	Vegetable sausages with roast potatoes & gravy 	Pea-powered vegetable stir fry with carrot rice 	Vegetable nuggets, chips & tomato ketchup 
Roasted vegetable pizza & oven baked wedges 	Beef & lentil bolognaise with penne pasta 	Roast gammon with roast potatoes & gravy	Creamy coconut chicken & chickpea curry with carrot rice 	Fish fingers, chips & tomato ketchup
Broccoli 	Carrots & peas 	Carrot & cabbage 	Broccoli & Cauliflower 	Baked beans 
Penne pasta with house tomato sauce 	Penne pasta with a creamy cheese sauce 	Creamy pesto penne pasta 	Penne pasta with a creamy cheese sauce 	Penne pasta with house tomato sauce 
Lemon shortbread biscuit 	Chocolate & banana brownie sponge 	Orange jelly & mandarins 	Baked apple & cinnamon sponge 	Strawberry yogurt & strawberry sauce 

Available Every Day – Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY

Wholegrain  Vegetarian 

Nutritionist's Choice  Vegan 

Monday Tuesday Wednesday Thursday Friday

Main Meal

OPTION 1

OPTION 2

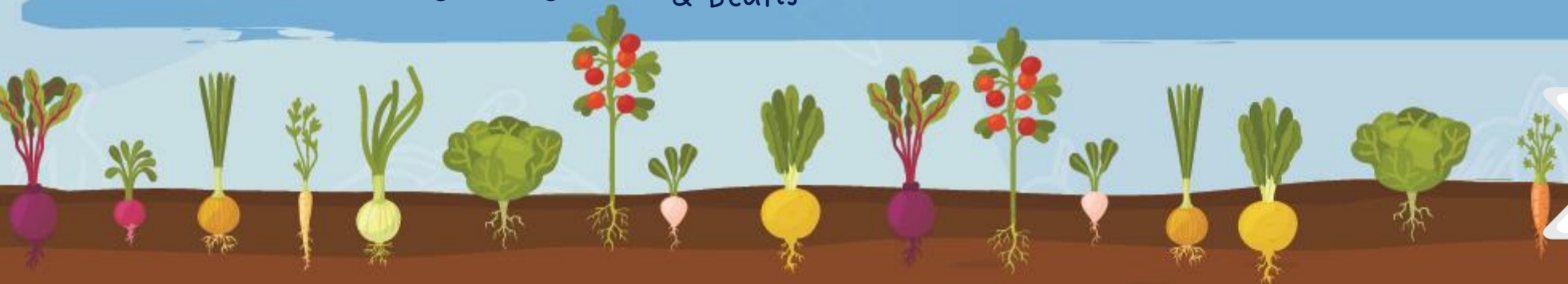
Veggies

Pasta

Sweet Treats

Margherita pizza & oven baked wedges	Pea-powered vegetable pie & new potatoes	Cheesy cauliflower pasta bake	Lentil & sweet potato dahl with vegetable rice	Vegetable sausages, chips & tomato ketchup
Tomato, spinach & salmon pasta	Chicken & vegetable pie with new potatoes	Roast turkey breast, roast potatoes & gravy	Lemon & herb chicken with chickpeas & vegetable rice	Fish & chips with tomato ketchup
Broccoli	Peas	Carrots & cauliflower	Selection from the salad bar	Peas
Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Creamy pesto penne pasta	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce
Watermelon Wedge	Oaty apple crumble & custard	Chocolate Mousse	Carrot cake with orange glaze	Raspberry jelly & mandarins

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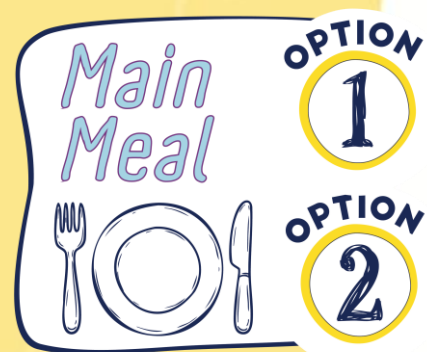
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Wholegrain

Nutritionist's Choice

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Monday	Tuesday	Wednesday	Thursday	Friday
Pea-powered mild chilli with rice 	Vegetable sausages & mashed potatoes with gravy 	Roast Quorn fillet with roast potatoes & gravy 	Baked creamy mac 'n' cheese 	Quorn dippers, chips & tomato ketchup 
Rainbow vegetable stir fried rice 	Pork sausages (beef casing) with mashed potatoes & gravy	Roast chicken breast, roast potatoes & gravy	BBQ chicken loaded mac 'n' cheese	Fish fingers, chips & tomato ketchup
Sweetcorn 	Peas & carrots 	Broccoli & carrots 	Selection from the salad bar 	Baked Beans 
Penne pasta with a creamy cheese sauce 	Penne pasta with house tomato sauce 	Penne pasta with a creamy cheese sauce 	Penne pasta with house tomato sauce 	Creamy pesto penne pasta 
Chocolate Shortbread 	Apple & summer berry crumble with custard 	Strawberry yogurt & strawberry sauce 	Raspberry jelly & mandarins 	Chocolate fruit crispie cake 

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