

Give Our All

Monday

Tuesday

Wednesday

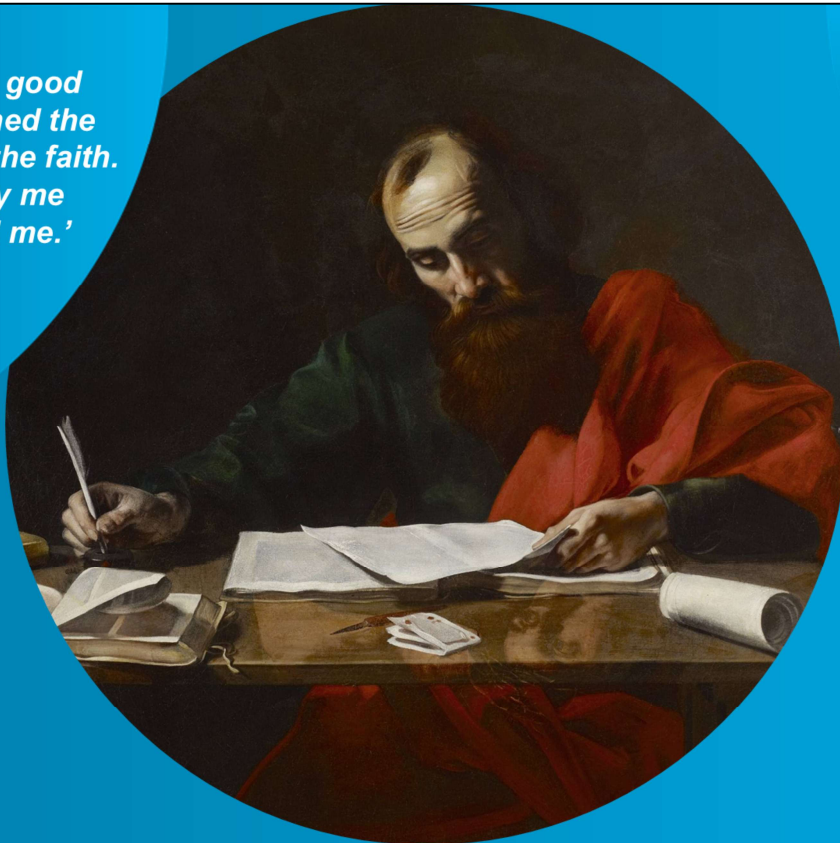
Thursday

Friday

Image by Freepik https://www.freepik.com/premium-photo/handsome-tanned-child-boy-stands-wheat-field-with-his-arms-outstretched-sides_192853115.htm

'I have fought the good fight, I have finished the race, I have kept the faith. The Lord stood by me and strengthened me.'
2 Timothy 4:7,17

Monday



Prayer Leader:

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

This week, the Church celebrated the Solemnity of St Peter and St Paul, two great saints who gave their all to God and worked to establish and encourage the Church after Jesus' Resurrection.

Our prayers are inspired by St Paul, a great preacher who travelled far and wide spreading the Gospel. After his visits, St Paul continued to encourage the early followers of Jesus by writing letters — and his words still inspire and encourage us today.

Let's listen to St Paul's words in the Scriptures:

(Invite the Reader to read from the Scriptures.)

Reader:

'I have fought the good fight, I have finished the race, I have kept the faith. The Lord stood by me and strengthened me.' (2 Timothy 4:7,17)

Prayer Leader:

St Paul wrote these words as he looked back over his life as a follower of Jesus.

He gave his all to God — his heart, soul, mind and strength and he encourages us to do the same.

Today we will reflect on **fighting the good fight**.

St Paul writing his Epistles attributed to Valentin de Boulogne, via Wikimedia Commons. Licensed under CC0 1.0 Public Domain

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[_Saint Paul Writing His Epistles - Google Art Project.jpg](https://commons.wikimedia.org/wiki/File:Probably_Valentin_de_Boulogne_-_Saint_Paul_Writing_His_Epistles_-_Google_Art_Project.jpg)

<https://www.google.com/culturalinstitute/asset-viewer/vAHBpCifHgxB7g>

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Prayer Leader:

St Paul was a fearless preacher and his words sometimes made people feel upset or angry.

It must sometimes have felt like a battle trying to spread Jesus' message of peace and love — but he never gave up!

We'll use an image to help us reflect and pray. This way of praying is called 'Visio Divina' which means 'divine seeing'.

Take a few slow breaths as you get ready to pray.

What might God be saying to you through this painting?

It shows St Paul being arrested for preaching about Jesus.

I wonder...

- What do you notice about the man on the left? Why do you think he's pointing at St Paul?
- Can you notice different feelings and reactions from the crowd around St Paul?
- Who is angry / sad / shocked? Is anyone trying to defend St Paul?
- How do you think St Paul is feeling?

Now take a moment to think...

Have there been times when you have found it difficult to follow Jesus?

Jesus helped St Paul and He can help you to do what is right and good, even when people around you make different choices.

You might like to offer any thoughts of prayers to Jesus in your heart now.

Paul Arrested.jpg by Publisher of Bible Cards, via Wikimedia Commons. Licensed under CC0 1.0 Public Domain

https://commons.wikimedia.org/wiki/File:Paul_arrested.jpg

<http://thebiblerevival.com/clipart26.htm>

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Jesus,
I want to give my all to you.
Fill me with your love
so I can grow ever closer to you.
Help me to focus on you,
fight the good fight and keep the faith,
so that I may finish the race
you have given to me.

Prayer Leader: St Paul
All: Pray for us



Prayer Leader:

St Paul's way of fighting for Jesus was by doing good, caring for people and spreading the Good News.

Through his preaching, St Paul stood firm in his faith and kept on 'fighting' for Jesus.

How could you be firm in your faith and 'fight' for Jesus this week?

Maybe you could...

- Ask to help with your class prayertime
- Talk to someone about your faith in Jesus.

Let's pray together now...

All:

Jesus,

I want to give my all to you.

Fill me with your love so I can grow ever closer to you.

**Help me to focus on you, fight the good fight and keep the faith,
so that I may finish the race you have given to me.**

Prayer Leader: St Paul

All: Pray for us

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

Image by Freepik https://www.freepik.com/premium-ai-image/crucifix-jesus-cross-church-with-ray-light-from-stained-glass_229647431.htm

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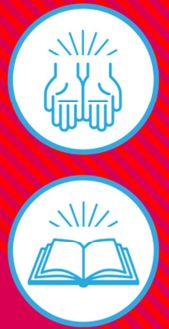
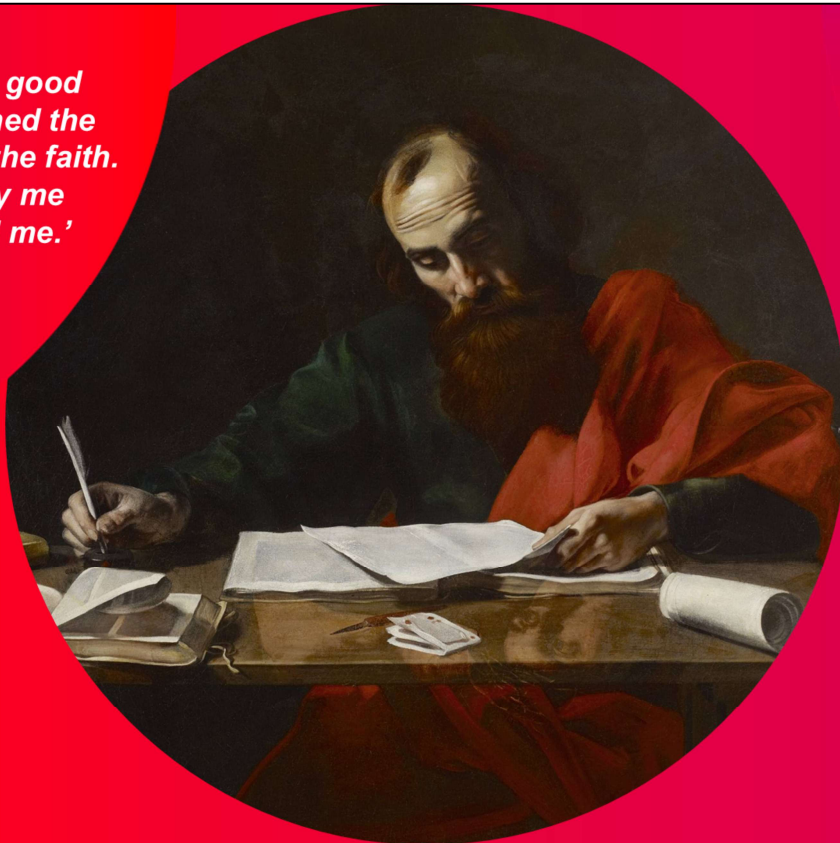
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'I have fought the good fight, I have finished the race, I have kept the faith. The Lord stood by me and strengthened me.'
2 Timothy 4:7,17

Tuesday



Prayer Leader:

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

Our prayers this week are inspired by St Paul, a great preacher who, along with St Peter, gave his all to God and worked to establish the Church after Jesus' Resurrection.

St Paul travelled far and wide spreading the Gospel, and He wrote letters to encourage the early followers of Jesus — his words still inspire and encourage us today.

Let's listen again to St Paul's words in the Scriptures:

(Invite the Reader to read from the Scriptures.)

Reader:

'I have fought the good fight, I have finished the race, I have kept the faith. The Lord stood by me and strengthened me.' (2 Timothy 4:7,17)

Prayer Leader:

Looking back over his life, St Paul tells us that he gave his all to God — all

of his heart, soul, mind and strength, and he encourages us to do the same.

Today we will reflect on **finishing the race**.

St Paul writing his Epistles attributed to Valentin de Boulogne, via Wikimedia Commons. Licensed under CC0 1.0 Public Domain

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On your marks... get set... go!



Prayer Leader:

St Paul talked about following Jesus as a race — but not the kind of race where you compete against others and try to be the fastest or the best — it's more about improving your personal best.

The race for Jesus is a long race of perseverance — a marathon — you need to look towards the finish line and keep going!

We'll pray using actions today, giving our all by praying with our whole body!

Let's stand up and practise the action together first.

- I'll say, 'On marks... get set... go...' then we're going to jog on the spot for 5 seconds.
- Move your arms as you jog and keep your feet in the same spot.
- Remember, we're jogging not sprinting, so keep a good pace — then you won't get tired!

(Allow time for children to practise the action with you leading — and showing when to stop.)

Now we've practised the action, let's get ready to pray.

Take a deep breath in, then breathe out slowly.

(Invite the Reader to read the prayers.)

Reader:

Racing for Jesus means giving our all — by loving God with all our heart, soul, mind and strength.

Let's ask Jesus to guide and inspire us as we run...

Prayer Leader:

On your marks... get set... go!

(Prayer Leader leads the action.)

Reader:

Racing for Jesus means doing our best — following Him through our words and actions each day.

Let's ask Jesus to help us grow in our friendship with Him as we run...

Prayer Leader:

On your marks... get set... go!

(Prayer Leader leads the action.)

Reader:

Racing for Jesus means never giving up — even when we feel tired or find it difficult.

Let's ask Jesus to stay close beside us as we run...

Prayer Leader:

On your marks... get set... go!

(Prayer Leader leads the action.)

Reader:

Racing for Jesus means keeping our eyes on the prize — that's life forever with Jesus.

Let's think about our heavenly home as we run...

Prayer Leader:

On your marks... get set... go!

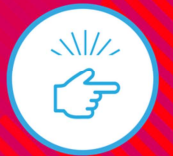
(Prayer Leader leads the action.)

Image by Freepik https://www.freepik.com/free-photo/full-shot-kids-running-outdoors_31495227.htm



Jesus,
I want to give my all to you.
Fill me with your love
so I can grow ever closer to you.
Help me to focus on you,
fight the good fight and keep the faith,
so that I may finish the race
you have given to me.

Prayer Leader: St Paul
All: Pray for us



Prayer Leader:

Through all his missionary journeys, spreading the Good News, St Paul never gave up — he kept his eyes on Jesus.

How could you focus and run the race for Jesus this week?

Maybe you could...

- Say some kind words to someone you don't often talk to.
- Be welcoming to someone you don't usually play with.

Let's pray together now...

All:

Jesus,

I want to give my all to you.

Fill me with your love so I can grow ever closer to you.

Help me to focus on you, fight the good fight and keep the faith,
so that I may finish the race you have given to me.

Prayer Leader: St Paul

All: Pray for us

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen

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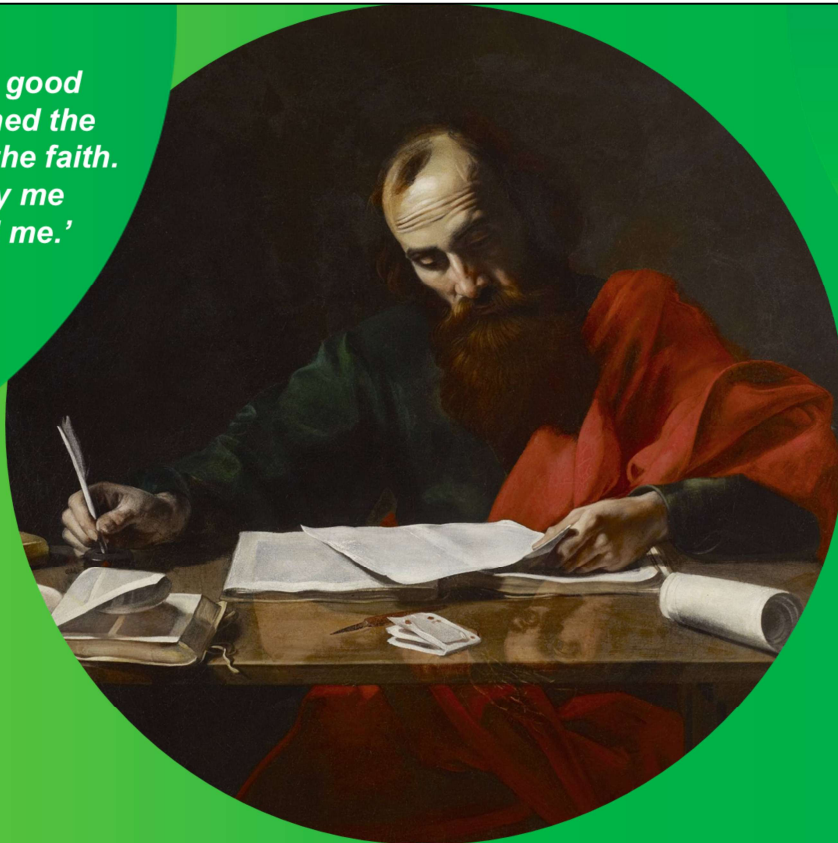
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'I have fought the good fight, I have finished the race, I have kept the faith. The Lord stood by me and strengthened me.'
2 Timothy 4:7,17

Wednesday



Prayer Leader:

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

Our prayers this week are inspired by St Paul, a great preacher who, along with St Peter, gave his all to God and worked to establish the Church after Jesus' Resurrection.

St Paul travelled far and wide spreading the Gospel, and He wrote letters to encourage the early followers of Jesus — his words still inspire and encourage us today.

Let's listen again to St Paul's words in the Scriptures:

(Invite the Reader to read from the Scriptures.)

Reader:

'I have fought the good fight, I have finished the race, I have kept the faith. The Lord stood by me and strengthened me.' (2 Timothy 4:7,17)

Prayer Leader:

Looking back over his life, St Paul tells us that he gave his all to God — his

heart, soul, mind and strength, and he encourages us to do the same.

Today we will reflect on **keeping the faith**.

St Paul writing his Epistles attributed to Valentin de Boulogne, via Wikimedia Commons. Licensed under CC0 1.0 Public Domain

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The Apostles' Creed

I believe in God,
the Father almighty
Creator of Heaven and Earth,
and in Jesus Christ, His only Son, our Lord,
(All bow)
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
He descended into hell;
on the third day He rose again from the dead;
He ascended into Heaven,
and is seated at the right hand of God the Father almighty;
from there He will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen



Prayer Leader:

St Paul is known as the 'Apostle to the Gentiles' because of his work spreading the Christian faith all over the world — not only to the Jewish people.

Today we'll use a traditional prayer called the '**Apostles' Creed**'.
This prayer reminds us what we believe about God and the Church, and helps us to think about our faith.

Let's get ready to pray.

Take a deep breath in, then breathe out slowly.

As we say the prayer, try to think carefully about these words of our faith — when we come to the words in red, about Jesus, we'll bow our heads.

Let's pray together.

(Click to reveal prayer.)

All:

I believe in God,

**the Father almighty
Creator of Heaven and Earth,
and in Jesus Christ, His only Son, our Lord,
(All bow.)
who was conceived by the Holy Spirit,
born of the Virgin Mary,
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and is seated at the right hand of God the Father almighty;
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I believe in the Holy Spirit,
the holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen**

Prayer Leader:

Take a few moments of personal prayer to talk to Jesus. You might want to ask Jesus to help you to be strong in your faith, like St Paul.

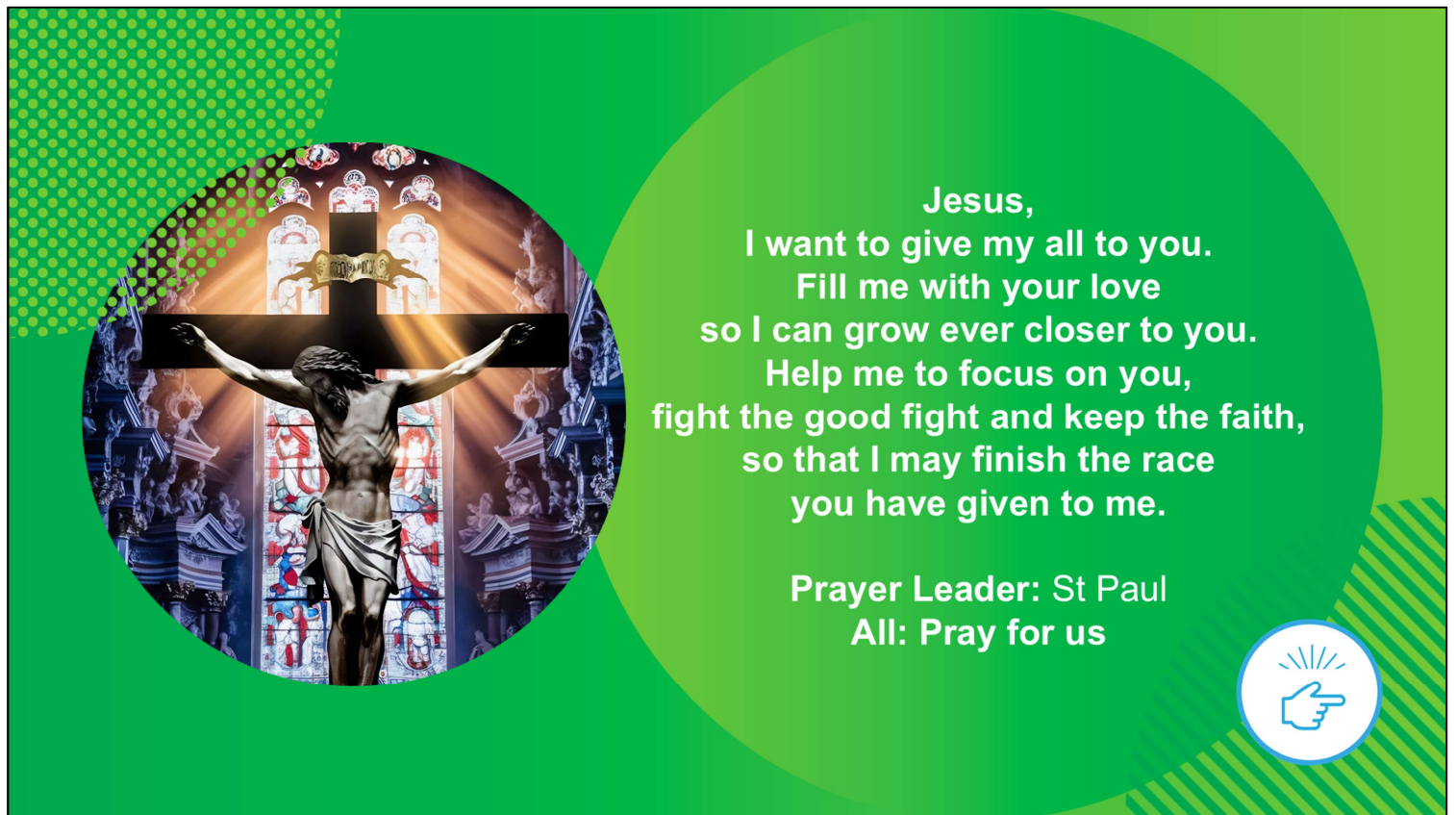
(Pause for a time of personal prayer.)

The Twelve Apostles, St Stephen the Martyr Parish in the Anglo Catholic Tradition, via Wikimedia Commons, Licensed under CC BY-SA-4.0

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Prayer Leader:

St Paul kept faithful to the Gospel and Jesus' promises. He kept the faith.

How could you keep the faith through your words and actions this week?

Maybe you could...

- Draw a picture showing what you believe about God the Father, Jesus and the Holy Spirit.
- Pray for someone who needs Jesus' love today.

Let's pray together now...

All:

Jesus,

I want to give my all to you.

Fill me with your love

so I can grow ever closer to you.

Help me to focus on you,

fight the good fight and keep the faith,

so that I may finish the race

you have given to me.

Prayer Leader: St Paul

All: Pray for us

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

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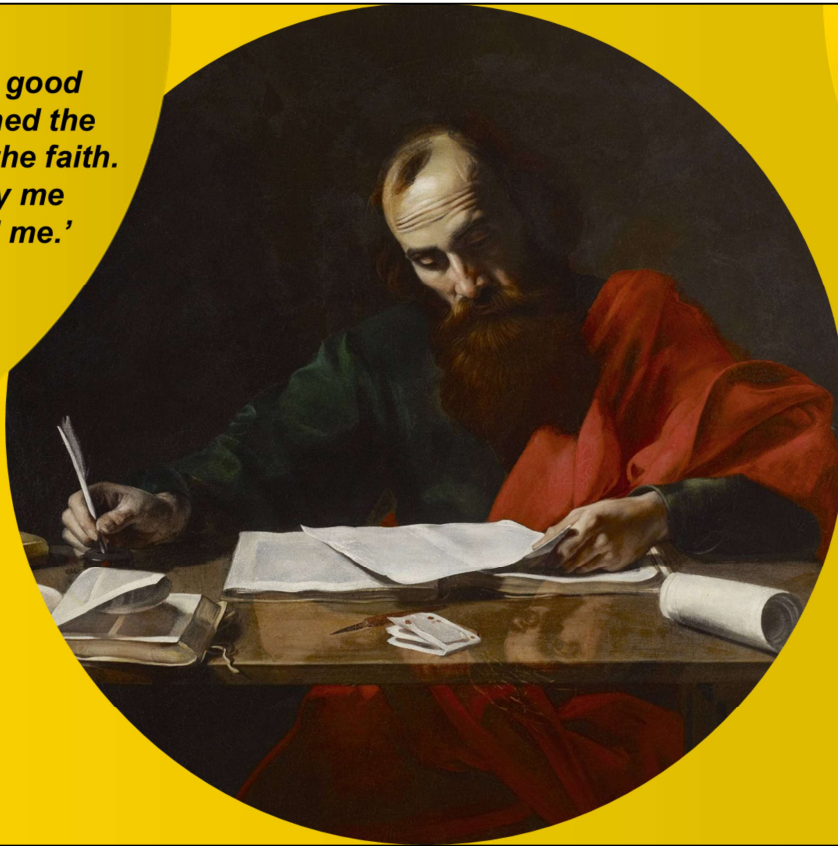
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Prayer Leader:

Looking back over his life, St Paul tells us that he gave his all to God — all

of his heart, soul, mind and strength, and he encourages us to do the same.

Today we will reflect on **being strengthened in the Lord**.

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Heavenly Father, I give you my all.



Prayer Leader:

God called St Paul to preach and encourage the Church to grow in His love. It was a big job, but St Paul didn't have to rely on his own strength — all the strength he needed came straight from the Lord!

Just like St Paul, God has trusted each of us with some unique work. You might not know all God's plans for you, but you can live out your calling starting right now.

We're going to pray with a prayer prompt, asking God to give us the strength to give our all today.

You're invited to write your own prayer using the prayer starter.

Let's get ready to pray.

(Click to play the music.)

Relax your body. Take a slow breath in, then breathe out as you rest a while with God.

You might like to open your hands, like in the image, imagining God giving you the strength you need today.

As you listen to the music, think about what God is asking you to do and the strength you will need.

(Pause)

When you are ready, write your own prayer, finishing off the sentence on the screen ***(click to reveal)***.

(Allow time for children to write their prayers.)

Let's bring all of our prayers together as we say ***(click to reveal)***...

All:

Heavenly Father, I give you my all.

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Audio: Rebecca Mardal / Reflections / Courtesy of Epidemic Sound

<https://www.epidemicsound.com/music/tracks/6e1cff9e-74de-41a2-83cc-96f58d4efdb0/>



**Jesus,
I want to give my all to you.
Fill me with your love
so I can grow ever closer to you.
Help me to focus on you,
fight the good fight and keep the faith,
so that I may finish the race
you have given to me.**

**Prayer Leader: St Paul
All: Pray for us**



Prayer Leader:

St Paul was bold in the strength of the Lord. He relied on God to give him all he needed for the work he was called to do.

How could you be bold in the strength of the Lord this week?

Maybe you could...

- Speak up for someone who needs help and support.
- Say sorry to someone you have hurt or choose to forgive someone who has hurt you.

Let's pray together now...

All:

Jesus,

I want to give my all to you.

Fill me with your love so I can grow ever closer to you.

**Help me to focus on you, fight the good fight and keep the faith,
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