

Encourage in Christ

Monday

Tuesday

Wednesday

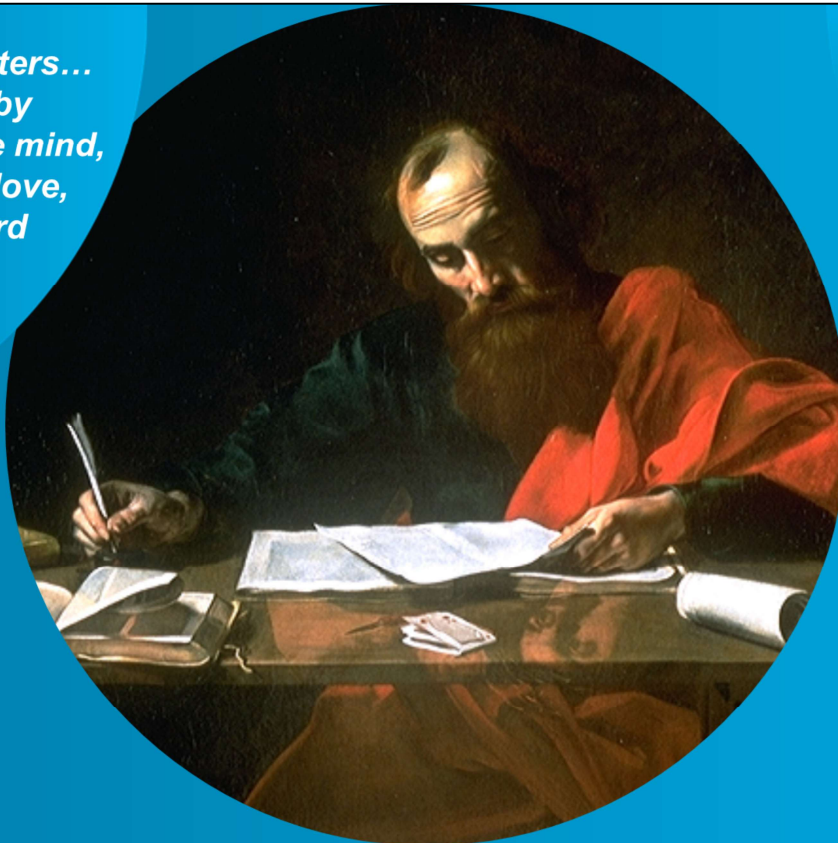
Thursday

Friday

Image by Magnific <https://www.magnific.com/app/creation/ladmlWAtvE>

*'Brothers and Sisters...
complete my joy by
being of the same mind,
having the same love,
being in full accord
and of one mind.'*
Philippians 2:1-2

Monday



Prayer Leader:

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

St Paul was a great encourager for the early Christians! He wrote letters of support to churches far and wide to the followers of Jesus. He wanted to show them how to live out their faith by encouraging and caring for each other in Christ.

The Second Reading at Sunday Mass this week was from St Paul's letter to the Philippians.

Let's hear what St Paul says:

(Invite a Reader to read the Scripture.)

Reader:

***'Brothers and Sisters... complete my joy by being of the same mind,
having the same love, being in full accord and of one mind.'***
(Philippians 2:1-2)

Prayer Leader:

St Paul encouraged the early Christians to live together as a loving community of believers, and his words encourage us too! He wants us to love as Jesus loves us by helping, encouraging and blessing those around us.

These prayers focus on encouraging each other in Christ!
Today we will think about encouraging and blessing each other with **comfort**.

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Prayer Leader:

Comforts are things that make your life easier — they make you feel good, happy and hopeful.

We can offer comfort to someone through our words and actions by saying something kind or giving them something they need.

We're going to use an image to help us to talk to Jesus.

As well as seeing with our eyes, we're going to look with the eyes of the soul as we connect with Jesus in prayer.

Let's get ready to pray.

Be still, relax your body and remember that Jesus is here with us.

As we focus on the image, let's invite the Holy Spirit to guide our thoughts and prayers:

All:

Come, Holy Spirit.

Prayer Leader:

- As you look at the image, is there anything that stands out for you?
- Can you see anyone offering comfort?

Jesus comforted people by giving them just what they needed and St Paul encourages us to do the same.

I wonder

...how it feels to be helped and comforted

...how it feels to give comfort to another person

...what is Jesus saying to you through this image?

(Pause)

Take a moment now to talk to Jesus in your own words.

(Allow a few moments for personal prayer.)

Image by Magnific <https://www.magnific.com/app/creation/VdYDViHMMU>



**My God,
because you are so good,
I love you with all my heart,
and for your sake,
I love your neighbour as myself.**



Prayer Leader:

St Paul encourages us to look after each other in a community of love.
That means looking out for the needs of others and finding ways to help.

Think for a moment...

How could you offer comfort to someone today?

Perhaps you could notice someone who is on their own at break time and invite them to join your game or conversation.

Let's join all our prayers together as we say the **Act of Love**.

All:

**My God, because you are so good,
I love you with all my heart,
and for your sake,
I love your neighbour as myself.**

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

Image by Magnific https://www.magnific.com/free-photo/baby-sisters-sitting-bench-outdoors_5500690.htm

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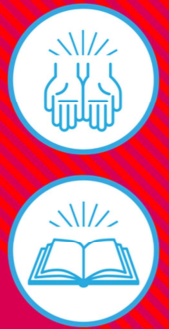
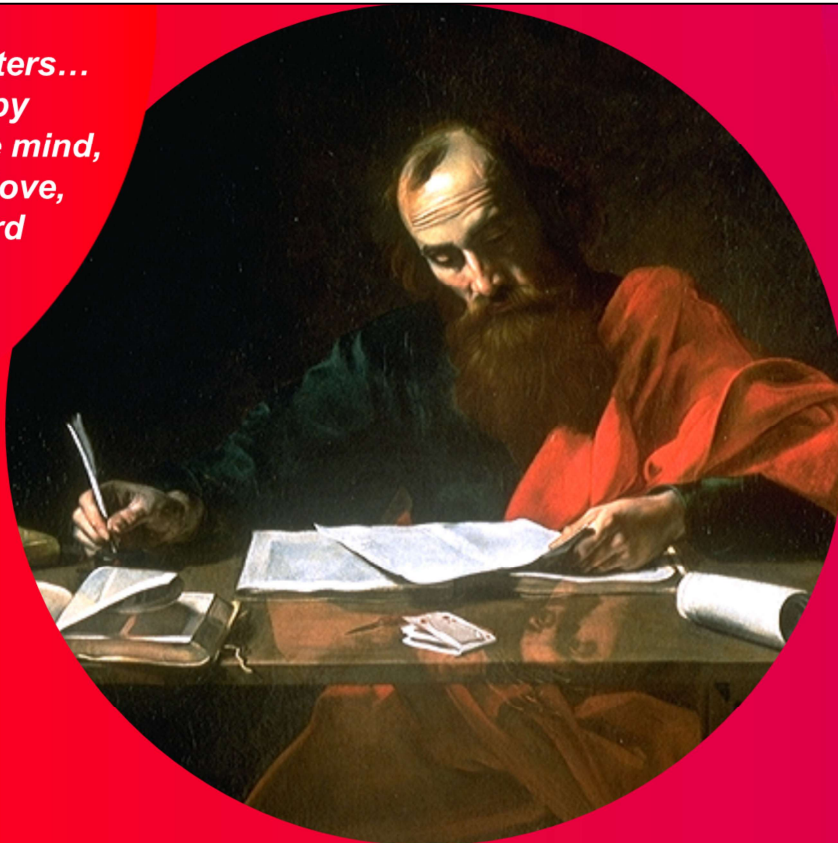
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Tuesday



Prayer Leader:

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

Our prayers this week use encouraging words from St Paul.
His letters helped the early followers of Jesus to live out their faith by
encouraging each other in Christ.

Let's hear what St Paul says:

(Invite a Reader to read the Scripture.)

Reader:

***'Brothers and Sisters... complete my joy by being of the same mind,
having the same love, being in full accord and of one mind.'***
(Philippians 2:1-2)

Prayer Leader:

St Paul encouraged the Christians to live together as a community of
believers and his words encourage us too!
Remembering Jesus' love for us helps us love, encourage and bless those
around us.

Yesterday our prayers focussed on offering comfort to others.
Today we will think about encouraging and blessing each other with **love**.

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Together



Prayer Leader:

Love is something that we can share together. We're going to use the sign for **'together'** in our prayers today.

Let's learn the signs for **'together'** now.

(Click to play the video and practise the signs.)

Help us to live together in love.



Prayer Leader:

St Paul described what love is like to help us understand how to live together in a loving community.

We'll use some of those words in our prayers now.

Let's get ready to pray.

Be still, relax your body and remember that Jesus is here with us.

After each prayer, we'll say the words on screen and make the sign for 'together'.

(Invite the Reader to read the prayers.)

Reader:

Love is patient.

Jesus, teach us to listen to each other, forgive each other, and give each other time to grow.

All:

Jesus, help us to live together in love.

Reader:

Love is kind.

May our words be gentle, our actions generous, and our hearts open to those who need care and encouragement.

All:

Jesus, help us to live together in love..

Reader:

Love rejoices in the truth.

Give us the courage to be honest, to seek what is right, and to speak the truth with compassion.

All:

Jesus, help us to live together in love.

Reader:

Love celebrates the good in others.

Help us to recognise, encourage and give thanks for the gifts of those around us.

All:

Jesus, help us to live together in love.

Reader:

Love is hopeful.

Jesus, help us to be positive, happy and hopeful as we place all our trust in you.

All:

Jesus, help us to live together in love.

Reader:

May we be united in patience, kindness, truth, joy, and hope.

May we encourage each other and reflect your love in all we say and do.

All:

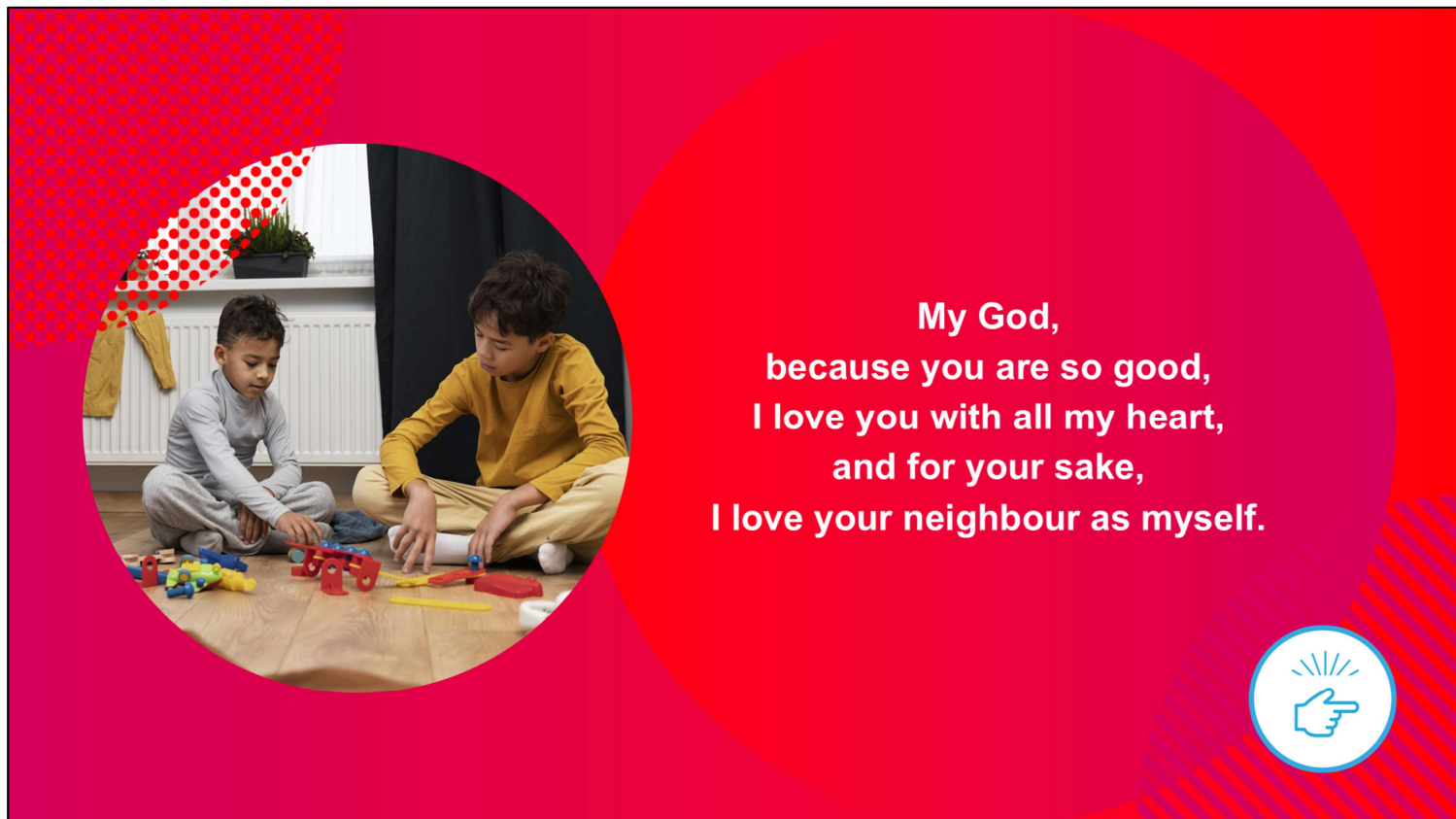
Jesus, help us to live together in love.

Prayer Leader:

Take a moment now to talk to Jesus in your own words.

(Allow a few moments for personal prayer.)

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My God,
because you are so good,
I love you with all my heart,
and for your sake,
I love your neighbour as myself.

Prayer Leader:

St Paul encourages us to look after each other in a community of love.
That means treating others with love and kindness.

Think for a moment...

How could you offer love to someone today?

Perhaps you could be patient with a younger child and play a game they choose.

Let's join all our prayers together as we say the **Act of Love**.

All:

**My God, because you are so good,
I love you with all my heart,
and for your sake,
I love your neighbour as myself.**

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

Image by Magnific https://www.magnific.com/free-photo/kids-playing-dirty-house_22120083.htm

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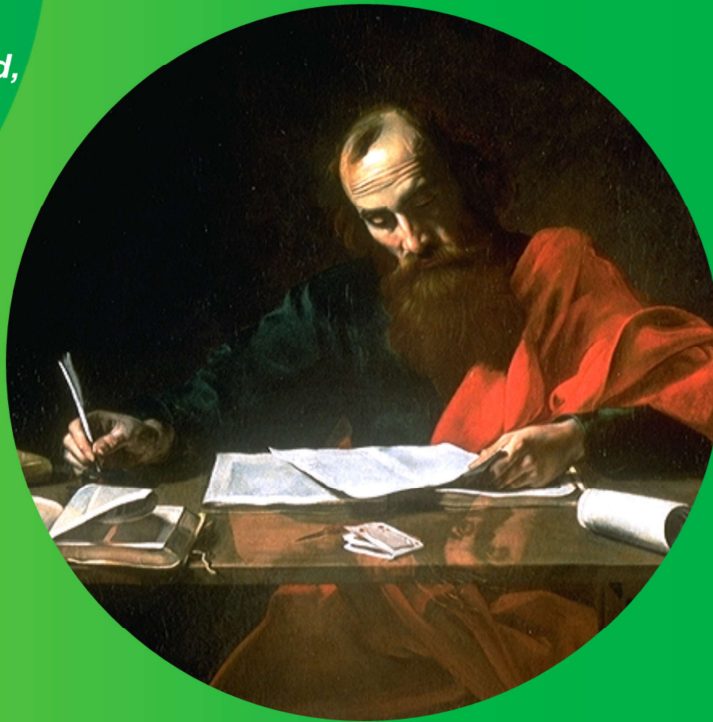
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Prayer Leader:

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

Our prayers this week use encouraging words from St Paul.
His letters supported the followers of Jesus, helping them to live out their
faith by encouraging each other in Christ.

Let's hear what St Paul says:

(Invite a Reader to read the Scripture.)

Reader:

***'Brothers and Sisters... complete my joy by being of the same mind,
having the same love, being in full accord and of one mind.'***
(Philippians 2:1-2)

Prayer Leader:

St Paul encouraged the Christians to live together as a community of
believers and his words encourage us too!
Remembering Jesus' love for us helps us love, encourage and bless those
around us.

Yesterday our prayers focussed on offering love to others.
Today we will think about encouraging and blessing each other with
sympathy.

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Hear our prayer



Prayer Leader:

Sympathy isn't only about feeling sad or having concern for someone who is unhappy or in pain.

Sympathy also means being in agreement with each other and showing support and understanding.

We're going to pray in a traditional way today through **Prayers of the Faithful**.

Let's get ready to pray.

Be still, relax your body and remember that Jesus is here with us.

Listen to each intercession and join in with the response on screen.

Reader:

We pray for our families, friends, school and parish community, that our shared faith in Jesus may help us support, encourage and care for one another.

Lord, in your mercy.

All:

Hear our prayer.

Reader:

We pray for people who are sick or unwell, that they may feel God's comfort and receive the care and support they need.

Lord, in your mercy.

All:

Hear our prayer.

Reader:

We pray for people who are lonely, worried or unhappy, that they may find friendship, hope and kindness in those around them.

Lord, in your mercy.

All:

Hear our prayer.

Reader:

We pray for all of us, that we may listen carefully to others and try to understand their feelings and points of view.

Lord, in your mercy.

All:

Hear our prayer.

Reader:

We pray for those who have disagreements, that they may forgive one another, speak with kindness and work together to make peace.

Lord, in your mercy.

All:

Hear our prayer.

Reader:

We pray that Jesus will guide our words and actions today, at school and at home, as we live out our faith through our words and actions.

Lord, in your mercy.

All:

Hear our prayer.

Prayer Leader:

Take a moment now to talk to Jesus in your own words.

(Allow a few moments for personal prayer.)

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Prayer Leader:

St Paul encourages us to look after each other in a community of love. That means showing care, support and understanding to one another.

Think for a moment...

How could you offer sympathy to someone today?

Perhaps you could talk to someone that you sometimes disagree with and try to see their point of view.

Let's join all our prayers together as we say the **Act of Love**.

All:

**My God, because you are so good,
I love you with all my heart,
and for your sake,
I love your neighbour as myself.**

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

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faith by encouraging each other in Christ.

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(Invite a Reader to read the Scripture.)

Reader:

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Prayer Leader:

St Paul encouraged the Christians to live together as a community of
believers and his words encourage us too!
Remembering Jesus' love for us helps us love, encourage and bless those
around us.

Yesterday our prayers focussed on offering sympathy to others.
Today we will think about encouraging and blessing each other by being
active in the Spirit.

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Holy Spirit, help me to
share God's love by...

Holy Spirit, help us to
work together to...

Holy Spirit, help me to put
my faith into action by...

Holy Spirit, inspire me to
use my gifts to...

Holy Spirit, help me to
bring peace by...

Holy Spirit, give me
strength to forgive...



Prayer Leader:

The Holy Spirit is an active source of unity, guidance, hope and strength. St Paul helped the early Christians to understand God's presence in their community of faith — and God is present and active in our community too!

Being active in the Spirit is about being attentive to the Holy Spirit in our lives and allowing Him to lead us and help us to live together in harmony and love.

We're going to pray with prayer prompts today.

You can use the phrases on screen to help you make up your own prayers.

Let's get ready to pray.

Be still, relax your body and remember that Jesus is here with us.

- Holy Spirit we know that you are with us in our families and in our school community.
- Help us to listen to your guidance and encourage each other in Christ.

(Allow children to say or write their own prayers.)



**My God,
because you are so good,
I love you with all my heart,
and for your sake,
I love your neighbour as myself.**



Prayer Leader:

St Paul encourages us to look after each other in a community of love. That means being active and attentive to the guidance of the Holy Spirit in our lives.

Think for a moment...

How could you be active in the Spirit today?

Perhaps you could notice how many times you show kindness through your words and actions.

Let's join all our prayers together as we say the **Act of Love**.

All:

**My God, because you are so good,
I love you with all my heart,
and for your sake,
I love your neighbour as myself.**

**In the name of the Father, and of the Son, and of the Holy Spirit.
Amen**

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